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Stayin Alive Hands Only CPR Class

FEBRUARY 26TH 2015 BY DEE LOFLIN

Stayin Alive Hands Only CPR Class

Dexter, Missouri – SoutheastHEALTH of Stoddard County will host a “Stayin’ Alive” Hands Only CPR class on Thursday, February 26th at 6:00 p.m. in the Dexter Chamber of Commerce building.

Learn how to perform hands-only CPR for adults, as well as how to use an AED..

Classes are free and appropriate for middle school age through adult.

Learn the signs and symptoms of heart attack and stroke and how to respond appropriately. This is a non-certification class and pre-registration is requested, but not required.

Got to sehealth.org and pre-register and learn about other upcoming classes. Just click “classes and events”.

For more information call 573-331-6369.

LAST UPDATED ON FEBRUARY 26TH 2015 BY DEE LOFLIN

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