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Becking Clinic Giving Away Deluxe Get Away Spa Package

NOVEMBER 05TH 2014 BY DEE LOFLIN

Becking Clinic Giving Away Deluxe Get Away Spa Package

Dexter, Missouri – Are you looking for the perfect deluxe spa package? Would it be better if you received it FREE?? Well, Becking Clinic is giving away TWO gift cards to a Deluxe Get Away at the Spa!

With this card you will receive a 60 minute Elemental Nature Massage, a 60 minute Elemental Nature Facial, a 60 minute Spa Manicure, and a 60 minute Spa Pedicure. This FREE Deluxe Spa Package is worth \$225!

How can you win you ask? Easy, all you have to do is send those you know to the Becking Clinic to learn about their Weight Loss Program! Each time one of your friends begins their ChiroThin Program; you will be entered to WIN the package! There is no limit to the number of entries.

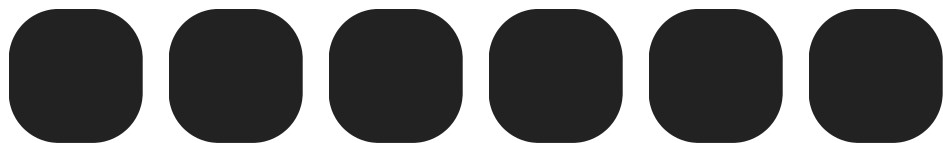
Offer is valid for the month of November 2014! So get started today and call 573-243-9777.

Check out their website by clicking **HERE**.

LAST UPDATED ON NOVEMBER 05TH 2014 BY DEE LOFLIN

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New Blood Donor App Now Available

SEPTEMBER 11TH 2014 BY DEE LOFLIN

New Blood Donor App Now Available

The American Red Cross is happy to introduce a first-of-its kind Blood Donor App that puts the power to save lives in the palm of your hand. Through the app, users can schedule appointments, track total donations, earn rewards and invite others to join them on a lifesaving team. The Blood Donor App is a great new way to help meet the constant need for blood.

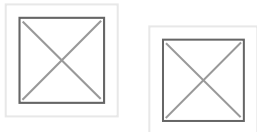
The app has many exciting features including:

- Find local blood drives and donation centers quickly and easily;
- Convenient, easy appointment scheduling and rescheduling;
- Receive appointment reminders;
- Keep track of total blood donations;
- Receive special blood shortage alert messages;
- Claim rewards from participating retailers for donating blood or platelets;
- Join or create a lifesaving team, recruit other blood donors and view rankings on the Blood Donor Teams Leaderboard;
- Rate the blood donation experience;
- Follow the user's blood donation journey from donation through delivery, when available.

This new and exciting app is free and available for download on iPhone® and Android™ devices.

Download the Blood Donor App Today!

Text BLOODAPP to 90999* or search **Red Cross Blood** in your app store.



Donating Blood

- [Why Donate Blood?](#)
- [Eligibility Requirements](#)
- [Donation Process](#)
- [Tips for a Successful Donation](#)
- [Donation FAQs](#)
- [Types of Donations](#)
- [First Time Donors](#)
- [Blood Donor Community](#)

First-Time Donors

The donation process de-mystified. Checklist for a successful donation. [Learn More.](#)

Blood Donor Community

Tell your story, send an e-card, get social, download avatars and more.

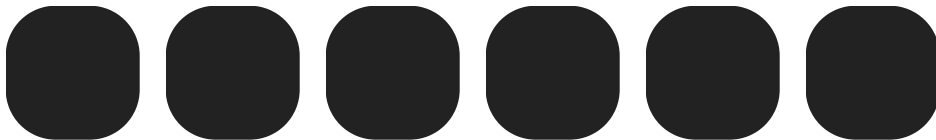
Platelet Donors

People eligible to give blood can also donate just platelets. Learn more about platelet donations.

LAST UPDATED ON SEPTEMBER 11TH 2014 BY DEE LOFLIN

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Aecy Is Practicing Her Disappearing Act!

SEPTEMBER 11TH 2014 BY DEE LOFLIN

Aecy Is Practicing Her Disappearing Act!

*Written by
Dee Loflin, SMT Manager/Editor*

Dexter, Missouri - Check out this disappearing act! Aecy Walker has lost 24.6 pounds in just 42 days.....that's 19.5 inches!

"I lost 19.5 inches and it's funny how much I have noticed how badly we as Americans eat!" commented Aecy. "Our portions and quality of food is wrong. Chirothin has taught me to eat better for me and to teach my family the same. My skin and hair have not looked this good in a long time."

"I crave water now," continued Aecy. "I crave fresh fruit and fresh healthy lean foods. I am not tempted by the "yuck" I once consumed. This is not a diet. This is my way of life. And I am very grateful for the positive changes. I went from numerous health concerns and battles for past two years to NO MEDICATIONS and feeling great! This is only the beginning of this wonderful journey.

Dr. Becking and his staff believe that this program will work for you so much so that they have opened an office in Dexter. Dr. Becking is now located in the Countywide Insurance building at 140 S. Walnut St. and will meet with you for a consultation. To make an appointment call 573-243-9777 or go to his website by clicking **HERE**.

LAST UPDATED ON SEPTEMBER 11TH 2014 BY DEE LOFLIN

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SoutheastHEALTH Offers Local OB/GYN Services

SEPTEMBER 02ND 2014 BY DEE LOFLIN

SoutheastHEALTH Offers Local OB/GYN Services

Dexter, Missouri – Women First of SoutheastHEALTH is proud to be a part of the Dexter Community with the opening of an outreach clinic offering comprehensive services for women of all ages.

With the latest technology and treatments, Women First of SoutheastHEALTH provides quality care in a personalized setting. We believe that serving the diverse medical needs of women in Dexter and the surrounding communities is both an art and a science. Patients benefit from Dr. Chris Rosenquist's expertise and experience in Obstetrics and treating disorders affecting women's reproductive health.

"I was born and raised in southeast Missouri," stated Rosenquist. "I grew up in a small rural town of Kelso. After completing my residency in family practice, I practiced for five years in Cape Girardeau with Mr. Mark Kasten and Dr. Kent Griffith before realizing my true calling as OB/GYN."

"I truly love what I do. It is such an awesome privilege to share in the miracle of childbirth and immensely rewarding when people entrust me to take care of them and their family when other services such surgery are needed."

“My wife Karen and I have five children. During the school year, we stay busy with school activities and sports, but in the summer you will find the whole family at Kentucky Lake boating, swimming, and water skiing.”

“I look forward to being able to better serve the citizens of southeast Missouri by providing care at my new office in Dexter.

Women First of SoutheastHEALTH is located in 1300 North One Mile Road, Suite 5 in Dexter, Missouri. Dr. Rosequist is available every other Wednesday from 9:00 a.m. to 2:00 p.m. For an appointment call 573-339-1101.

Dr. Rosenquist graduated from Medical School at the University of Missouri – Columbia. He performed his residency at the Family Practice at University of Tennessee, Memphis and Obstetrics & Gynecology at University of Louisville, Kentucky.

LAST UPDATED ON SEPTEMBER 02ND 2014 BY DEE LOFLIN

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Rotary Club to Host Blood Drive

Rotary Club to Host Blood Drive

*Written by
Dee Loflin, SMT Manager/Editor*

Dexter, Missouri – The Rotary Club of Dexter is hosting a Blood Drive on Monday, August 18th from noon – 5:00 p.m. at the Sacred Heart Church. Members of the Rotary Club volunteer their time quarterly to set-up and offer assistance to the American Red Cross and ask local Stoddard County residents to donate blood.

If you received a call from the American Red Cross and scheduled an appointment, please come on Monday. You can save 3 lives by donating blood.

The American Red Cross continues to have an urgent need for blood and platelet donations. Though thousands of people have answered the urgent call to donate that was issued on July 22, 2014.

Through the end of July, the Red Cross saw an increase of approximately 7.5% in the number of donors coming to give blood, resulting in more than 11,800 additional donations beyond what was expected.

The Red Cross is grateful for those who stepped up to give this lifesaving gift and reminds eligible donors that hospital patients are still counting on them to roll up a sleeve.

Right now blood donations are being distributed to hospitals as quickly as donations are coming in. Like the emergency room of a hospital, the Red Cross needs to be prepared to respond to patient emergencies 24/7/365. After the donation, it takes approximately three days for the blood to be tested, processed and available for distribution to hospitals.

How to donate blood

Simply call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver's license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and

are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

About the American Red Cross

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation’s blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit redcross.org or visit us on Twitter at [@RedCross](https://twitter.com/RedCross).

LAST UPDATED ON AUGUST 15TH 2014 BY DEE LOFLIN

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