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Cortez Wins Belt in Shofight Brawl

NOVEMBER 03RD 2014 BY STAFF WRITER

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Branson, MO - Newly crowned Shofight/Brawl light heavyweight champion Frank Cortez of Dexter was excited Saturday night as he and the Dark Horse MMA team competed and won at the Shofight/Brawl Cage Matches in Branson, Missouri.

A Dexter resident, Cortez (7-2) is still riding the wave of success with his win over Dalton Knight for the Light Heavyweight title in Branson on Saturday.

The match went the scheduled three rounds and was won by decision in favor of Cortez over Knight. In addition to the belt for the Light Heavyweight division, Cortez also was awarded the prize for "Fight of the Night" by the Shofight/Brawl judges.

Frank has been a member of the Dark Horse MMA fight team that trains at the Fitness Connection in Downtown Dexter. The team's sponsors include the Fitness Connection, El Tapatio #2 in Dexter, and BCT Screenprinting in Bernie.

This was an exceptional win for Frank Cortez, as he doubled up his training efforts for this match. Dark Horse MMA held Fight Camp specifically for Cortez every week, which helped to improve his cardio in preparation for this match. The extra work paid off for Frank as he displayed a great improvement in his stand-up and ground game during the match.

Training is always a key component to a fighter's

/images/2014 Images/2014 RAH/MMA Frank & Joe.jpg

success. The weight training regiment, conditioning and fighting techniques all play a major role in preparation for each fight.

Franks has been blessed with his dedicated coaching staff of Joe Davis for both cardio and stand-up coaching and Waylon Owens as his ground coach.

[/images/2014 Images/2014 RAH/MMA Tina 1.jpg](#)

Coach Davis, affectionately known as “Joe Fit” to his cross training students, has been a strong inspiration to many people throughout the community with his positive, upbeat encouragement toward fitness. Each of his “Joe Fit” classes are greatly attended at the Fitness Connection twice each week on Monday at 5:15 pm and Thursday at 6:45 pm.

MMA isn’t just for the guys as Dark Horse Contender, Tina Brown, was also a headliner at the Shofight/Brawl this past weekend. Brown, a Bernie Missouri resident, entered her third grapple match of her career against Katy “The Red Dragon” Collins. Collins was able to gain the win in the third round over Brown with an arm-bar for a tap-out.

Tina will continue her training with the Dark Horse team and is hopeful to enter her next MMA match the first part of 2015.

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DHS Athletes Make First Team All-Conference

NOVEMBER 03RD 2014 BY DEE LOFLIN

DHS Athletes Make First Team All-Conference

Dexter, Missouri – The First Team All-Conference has been announced for the 2014 Football Season. Congratulations to Peyton Pollock, Ethan Stevens, Jared Deal, Drake Mitchell, Noah Kronk, and Dylan Bazarian.

Peyton Pollock was named Offensive Player of the Year for Conference.

“This is a big honor,” commented head football coach Justin Peden. “I am so proud of these young men. They all worked incredibly hard in the off-season and deserve any post season honors they receive.”

Peyton Pollock, a senior, performed for the Bearcats as their quarterback for the 2014 football season. He completed 130 passes for 1,572 yards including 13 touchdowns. Pollock carried the ball 142 times rushing for 730 yards including 8 touchdowns. His total yardage was 2,302 with 21 touchdowns.

Ethan Stevens earned his spot as a Wide Receiver for the Bearcats. He had 35 catches for 578 yards and 8 touchdowns. He also carried the ball 16 times for 178 yards and 1 touchdown. He averaged 16.51 yards per carry.

Jared Deal, Offensive Lineman, for the Bearcats made his line calls as a guard according to coach Justin Peden. “He is a tenacious blocker, hard worker, and very deserving of first team.”

Drake Mitchell, a senior Defensive Lineman, for the Bearcats made 77 tackles of which were 46 solo tackles. Mitchell had 2 sacks and 12 tackles resulting in a loss of yards for the opponents. He also had one forced fumble interception.

Noah Kronk, a senior Linebacker for the Bearcats, earned 112 tackles that included 70 solo tackles. He also tallied 12 tackles, which resulted in a loss of yardage and completed 2 fumble recoveries.

Dylan Bazarian, a senior, nicknamed “Baz” earned 71 tackles including 41 solo tackles. He had 6 tackles that resulted in loss of yardage and one interception.

The following BEARCAT players earned a spot on the second team All-Conference! Congratulations!

Austin Aldridge, Wide Receiver, caught the ball 26 times for 402 yards including 1 touchdown. He averaged 15.46 yards per carry.

Austin Chesser, Wide Receiver, caught the ball 23 times for 265 yards including two touchdowns. He averaged 11.52 yards per carry.

Tyler Stevenson, Offensive Lineman, earned his place with his tackles. “He is a good player and played well every game,” commented Coach Peden.

Brandon Quertermous, a senior
Defensive Lineman, tallied 22



tackles of which 6 were solos. He had two tackles resulting in a loss of yardage. “Stats don’t always tell the story,” commented Coach Peden. “He ate up blocks to allow safeties and linebackers to make plays.”

Jake Adams, Linebacker for the Bearcats, tallied 52 tackles of which 25 were solos. He earned 8 tackles that resulted in loss of yardage.

Jason Mattison, Linebacker, had 41 tackles of which 25 were solo tackles. One tackle resulted in a loss of yardage.

Jason Jarrell, Defensive Back and sophomore for the Bearcats, had 23 tackles with 10 solos and 4 interceptions. He was also 33 of 35 for kicking extra points after a touchdown.

“We have doubled the amount of First Team All-Conference selections from last year,” continued Peden. “I feel that shows the respect our program is receiving and the production that is coming with more time in our system. This is something that these guys will remember forever and can look back on as a major accomplishment in their lives. It also gives our younger players something to strive for in the future. To have thirteen of our players honored in some way is

amazing and all the credit goes to them and their hard work.”

Congratulations to all of the athletes who strive for excellence and made this year a year to remember! Beating Sikeston and Kennett were just some of the highlights of a great year. We are so pleased with our football team and proud of our Bearcats! You are respected on and off the field and we couldn't ask for a better football team! It's been a great season!

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Bloomfield Wildcats Earn Trip to the Final Four

OCTOBER 30TH 2014 BY DEE LOFLIN

[Bloomfield Wildcats Earn Trip to the Final Four](#)

Cape Girardeau, Missouri – The annual MSHSAA girls volleyball championships are this weekend and will be hosted at the Show Me Center in Cape Girardeau.

The Bloomfield Wildcats departed this morning after a very loud and exciting pep rally. This is their first time in the final four since 1992 and their only state title. Can they do it again? The entire Stoddard County community is behind them and proud they are representing us at the state games.

Under first-year coach Sherilyn Long, the Wildcats (23-11-2) will play in the round robin against the likes of Fatima (32-3-1), Liberty (26-3) and St. Paul Lutheran (32-4-2).

It all begins Friday, October 31st at 10:00 a.m. when the Wildcats take the court against Liberty (Mountain View). Then at noon they play Fatima and at 2:00 p.m. they battle it out against St. Paul Lutheran (Concordia).

The teams who finish first and second in each pool will play for the state championship. Third place games will be Saturday morning through 1:30 p.m. with the state championship games beginning around 3:00 p.m.

The ShowMe Times will follow the Wildcats Friday and Saturday and will bring you live updates on Facebook and Twitter. #WildcatPride #FinalFour

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Tie-Breaker Games for the PigSkin Pick'em Begin Tonight!

OCTOBER 30TH 2014 BY DEE LOFLIN

Tie-Breaker Games for the PigSkin Pick'em Begin Tonight!

Dexter, Missouri – We have a three-way tie between Jason Pounds, Kurt Lovelady, and Marc Thrower. These guys will have 24 hours to pick their teams beginning at 6:00 p.m. Thursday, October 30th and ending, 6:00 p.m. Friday, October 31, 2014. We will play until the tie has been broken! Good Luck and play hard!

Cheer these guys on as they have worked hard for 10 weeks making their picks and checking their results!

The Pigskin Pick'em 2014 Challenge is sponsored by the ShowMe Times, Countywide Insurance, Riley Stubbs & Cato LLC, BA Promotions, Allen Christian Buick GMC, First Commercial Bank and First Midwest Bank of Dexter. Thank you for your sponsorship.

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DMS Boys Win Basketball Home Opener

OCTOBER 29TH 2014 BY DEE LOFLIN

DMS Boys Win Basketball Home Opener

Dexter, Missouri – The Middle School boys basketball program held their home opener following the delicious Old Fashioned Chili Supper at the T.S. Hill Middle School. Both the 7th and 8th grade teams won defeated Woodland 52-20 in the 8th grade competition and 50-18 in the 7th grade game.

Dexter scored double digits in the first three periods of the 8th grade game to secure their win.

Eighth grade athlete Seth Rogers recorded a game-high 13 points including 2 treys for the Bearcats. Braxton Foster tallied 10 points and Nate Gargas and Eric Hahn each added 8 points. Hahn recorded two treys.

Final Score 8th Grade Boys: Dexter 52, Woodland 20

Woodland 8 4 5 3 - 20

Dexter 18 17 10 7 - 52

Woodland (20) - James Ricketts 3, Zach Cureton 10, Travis Fox 3, Paul Duncan 4. FG 8, FT 3/5, F 15 (3-pointers: Fox 1. Fouled out: none)

Dexter (52) - Seth Rogers 13, Nate Gargas 8, Joe Rice 2, Eric Hahn 8, Jake Harris 2, Braxton Foster 10, Ethan Hobgood 2, Brock Simmons 7. FG 20, FT 8/15, F 13. (3-pointers: Rogers 2, Hahn 2. Fouled out: none)

In 7th grade action the Bearcats scored 18 points in both the 1st and 2nd periods. Garrett Henson tallied 14 points including a trey and Brodie Pollock scored 10 points.

Final Score 7th Grade Boys: Dexter 50, Woodland 18

Woodland 5 0 6 7 - 18

Dexter 18 18 6 8 - 50

Woodland (18) - Blake Matheney 5, Carter Mayfield 5, Garrett Henson 4, Mason Dowd 4. FG 8, FT 1/2, F 7. (3-pointers: Matheney 1. Fouled out: none)

Dexter (50) - Jack Scruggs 7, Bryston Pemberton 2, Andrew Williams 4, Cole Barker 4, Spencer Warren 1, Haden Hillis 2, Logan Wyman 4, Colten Bollinger 2, Garrett Henson 14, Brodie Pollock 10. FG 22, FT 4/6, F 3. (3-pointers: Scruggs 1, Henson 1. Fouled out: none)

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