

Local Schools



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Celebrate National School Lunch Week October 14-17

OCTOBER 13TH 2014 BY DEE LOFLIN

Celebrate National School Lunch Week October 14-17

National School Lunch Week Schedule October 14-17, 2014

Do you know what's being served in your child's school cafeteria? GET IN THE GAME with School Lunch and visit Central Elementary during National School Lunch Week. Reservations are required.

It's a time to celebrate the importance of balancing good nutrition with physical activity.

Today's School Lunch offers students fruits and vegetables every day, increases offerings of whole grains, limits calories, fat, and sodium to age-appropriate levels, and introduces locally-grown ingredients, chef-inspired recipes, and even lunchroom lessons about healthy eating.

Central Elementary School Schedule

Parents should arrive at these times:

Third grade lunch: 11:00

Fourth grade lunch: 11:30

Fifth grade lunch: 12:00

Tuesday, October 14

Third Grade: Mr. Clark and Mrs. McLaughlin

Fourth Grade: Mrs. Burns and Ms. Mick

Fifth Grade: Mrs. Allen and Mrs. Bolin

Wednesday, October 15

Third Grade: Mrs. Muzny and Mrs. Nichols

Fourth Grade: Mrs. Rinehart and Mrs. Terry

Fifth Grade: Mrs. Guethle and Mrs. Lummukka

Thursday, October 16

Third Grade: Ms. Waddle and Mrs. Whitehead

Fourth Grade: Mrs. Warren and Mrs. Whiteman

Fifth Grade: Mr. Scott and Mr. Slinkard

Friday, October 17

Third Grade: Mrs. Ward

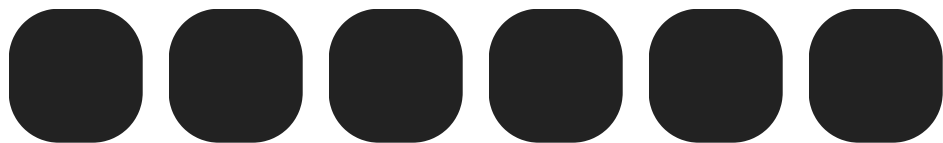
Fourth Grade: Mrs. Williams and Mrs. DeBerry

Fifth Grade: Ms. Stone and Mrs. Winchester

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DHS Students Make All-District Choir

OCTOBER 06TH 2014 BY DEE LOFLIN

DHS Students Make All-District Choir

Cape Girardeau, Missouri - The All-District High School Choir auditions were held on Saturday, September 27th at Cape Central High School. It's quite an honor to place at the District Level. Student worked very hard for months in preparation to sing to the best of their ability.

Dexter High School choir members are under the direction of Jamie Sepulvado. Each student prepared a song which they sang for a panel of judges, then they had to identify key signatures and sight-read two pieces of music during the audition.

Junior and senior students may now audition for All-State Choir, which will be held on Saturday, November 8th also at Cape Central High School.

Shown in the photo above are: Front row from left are Shelby Gathings, Lauren Thrower, Noah Kronk, Brooks Propst, Jon Rodgers, and Cadence Pullam. In the middle row are Emily Johns, Angel Maze, Sarah Miller, Natalee Pedroza, Caroline Powers, Madelyn Webb, Abby Mangum, Meg Simmons, and Ashlynn Wyman. In the back row are from left, Jake Cunningham, Tres Hampton, Ryan Mayo, Andrew Teel, Jackson Babb, and Greyson Stephens.

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Students Celebrate Johnny Appleseed Day

OCTOBER 01ST 2014 BY DEE LOFLIN

Students Celebrate Johnny Appleseed Day

Dexter, Missouri – Mrs. Putnam’s class celebrated Johnny Appleseed Day with pots on their heads and “applicious” treats! They also enjoyed delicious muffins pie apples and Carmel dip, apple sauce, apple butter, apple juice, dried apples and apple chips!

John Chapman aka Johnny Appleseed was an American pioneer who introduced apple trees to a large part of Pennsylvania, Ohio, Indian, and Illinois. He became an American legend while still alive, due to his kind, generous ways and the symbolic importance he attributed to apples.

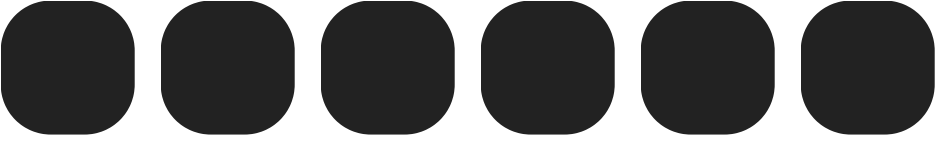
He was born on September 26, 1774 in Leominster, Massachusetts.

Shown in the photo are Emily Bolin, Alex Munoz, Taylor Boner, Eli Scott and Houston Neely.

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