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Sunday is National Fried Chicken Day!

JULY 06TH 2014 BY DEE LOFLIN

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*Submitted by
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"You know I like my chicken fried
A cold beer on a Friday night
A pair of jeans that fit just right
And the radio on"

We all love fried chicken and most of us grew up with mom or grandma fixing this delicious meal on Sunday afternoon.

In the United States, **National Fried Chicken Day** is celebrated each year on July 6. On this day, fried chicken lovers, across the country, celebrate this American favorite at a nearby restaurant, at home, the neighbors, a friends house or at an outdoor picnic.

The Scottish immigrants brought their tradition of deep-frying chicken in fat, to the southern United States. After it's introduction to the American South, fried chicken soon became a common staple. Over time, seasonings and spices were added to enrich the flavor of the chicken.

Fried chicken is a dish that consists of chicken pieces which have been floured or battered then pan-fried, deep-fried or pressure-fried. The breading adds a crisp coating to the exterior of the chicken.

Crisp well-seasoned skin, which been rendered of the excess fat, is the make-up of well made fried chicken.

Traditionally the chicken is fried in lard, however, corn oil, peanut oil, canola oil or vegetable oil are also frequently used.

Following is a “tried and true” recipes for you to enjoy!

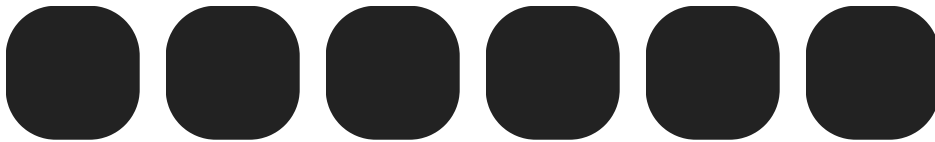
<http://www.tasteofhome.com/recipes/southern-fried-chicken>

Have a HAPPY NATIONAL FRIED CHICKEN DAY!

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