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Family Swim Night Sponsored by SoutheastHEALTH

JUNE 27TH 2014 BY DEE LOFLIN

Family Swim Night Sponsored by SoutheastHEALTH

*Written by
Dee Loflin, SMT Manager/Editor*

Dexter, Missouri – Summer means sizzling heat and swimming! Jump, splash, and dive, and stay cool in the pool on Family Swim Night!

SoutheastHEALTH and Dexter Parks and Recreation will host a Family Swim Night at the Dexter Aquatic Center. The public is encouraged to attend.

The event will be held Thursday, July 3rd from 5:30 p.m. – 7:30 p.m. There will be door prizes and lots of fun!

The first 35 kids that bring their families will receive a FREE T-shirt.

Just a few safety tips to follow:

1. Always swim with a buddy.
2. Never leave a young child unattended.
3. Protect your skin with sunscreen.
4. Drink plenty of water regularly and avoid caffeine.
5. Avoid distractions when supervising children.
6. Young children need flotation devices such as arm floaties.

LAST UPDATED ON JUNE 27TH 2014 BY DEE LOFLIN

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[Go to post](#)



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[TOP](#)

Dr. Redjal to Speak at Free Seminar on Hip Replacement

JUNE 17TH 2014 BY DEE LOFLIN

Dr. Redjal to Speak at Free Seminar on Hip Replacement

Written by

Dee Loflin, SMT Manager/Editor

Dexter, Missouri – Do you suffer from severe pain in your hip? Hear Dr. Hamid R. Redjal discuss his innovative anterior approach to total hip replacement at a free informational seminar on Tuesday, June 17, 2014 at 5:00 p.m. at the Dexter Chamber of Commerce on W. Market Street.

Whether from arthritis or injury, hip pain can keep you from being active and even create additional pain in the back and other areas. Traditional hip replacement surgery can relieve this pain, but requires substantial recovery time, especially if both hips need to be replaced.

If you are considering surgery, but are concerned about how long it will take to recover, **SoutheastHEALTH has the solution: Anterior Hip Replacement.** Their team of specialists has pioneered a technique that dramatically reduces recovery time and gets you back on your feet faster.

The anterior approach is an alternative to traditional hip replacement surgery that is rapidly becoming the standard for minimally invasive hip replacements. Since the incision is made in the front of the hip rather than in the back or side, there is less pain, improved mobility and shorter recovery time. Dr. Redjal is the only doctor in southeast Missouri that performs this surgery.

Dr. Redjal received his medical degree at Georgetown University School of Medicine in Washington, D.C. Following medical school, he completed an orthopedic surgery internship and residency at Harbor-UCLA Medical Center in Torrance, California. Following his residency program, Dr. Redjal completed a total joint, hip and pelvis reconstruction surgery fellowship under Dr. Joel Matta at St. John's Health Center in Santa Monica, California.

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[Go to post](#)



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[TOP](#)

New Oncology Outreach Clinic in Dexter

MAY 27TH 2014 BY DEE LOFLIN

*Submitted Article to
news@showmetimes.com*

Dexter, Missouri - SoutheastHEALTH and the Southeast Cancer Center are establishing a new Oncology outreach clinic in Dexter.

Andrew Moore, MD, who is affiliated with Southeast Hematology/Oncology in Cape Girardeau, will see patients every Thursday beginning May 1. The clinic will be located in Doctors' Park, Suite 6, 1300 North One Mile Road in Dexter.

Hours are 9 a.m. to 3 p.m. For appointments, call 573-519-4830.

Dr. Moore received his MD degree from the University of Missouri – Kansas City, and completed a residency in Internal Medicine at the same institution. He also completed a fellowship in Hematology/Oncology at Vanderbilt University in Nashville, TN. He is board certified in Internal Medicine, Hematology and Oncology.

Dr. Moore and his wife Legan are natives of this area. He was raised in Senath-Hornersville and she grew up in Kennett.

Dr. Moore said he and his wife are happy to be back in southeast Missouri. "We enjoy being closer to home and giving back to an area that has given us so much," he added.

LAST UPDATED ON MAY 27TH 2014 BY DEE LOFLIN

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FREE Athletic Physicals for Stoddard County Students

MAY 12TH 2014 BY DEE LOFLIN

FREE Athletic Physicals for Stoddard County Students

Article Submitted to
news@showmetimes.com

Dexter, Missouri – SoutheastHEALTH of Stoddard County will be offering free athletic physicals to all Stoddard County middle school and high school athletes.

The event will be held Wednesday, May 14th from 3:30 p.m. – 5:30 p.m. at the Dexter Senior High School cafeteria. No appointments are necessary.

Please remember that all schools require a parent's signature on the physical form and proof of insurance.

SoutheastHEALTH physicians and nurse practitioners will be on hand to conduct these physicals. Last year, nearly 300 students benefited from this FREE program.

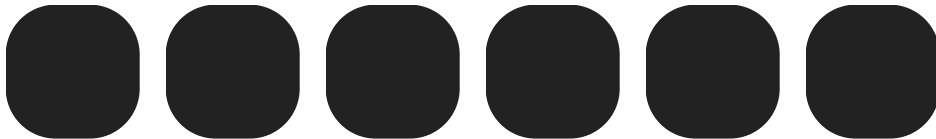
If you have questions, please contact SoutheastHEALTH at 573-624-5566 or your local middle school or high school.

If you would like to know more about SoutheastHEALTH and their services go to www.SEhealth.org.

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Women First Partners with SoutheastHEALTH

APRIL 01ST 2014 BY DEE LOFLIN

[Women First Partners with SoutheastHEALTH](#)

Article Submitted to
news@showmetimes.com

Dexter, Missouri - Women First, an established obstetrics and gynecology practice in Cape Girardeau, has partnered with the Southeast Medical Group of SoutheastHEALTH, effective April 1.

Joining the Southeast Medical Group from Women First are Eric Morton, DO; Chris Rosenquist, MD; Heather Cugini, MD;, and Marianne Cook, APRN, BC-FNP. Women First of SoutheastHEALTH will remain in its current location at 1111 North Mount Auburn Road.

The new affiliation brings the number of experienced and dedicated obstetrics/gynecology specialists in the Southeast Medical Group to six. Southeast Obstetrics & Gynecology was established in 2011 with Dianne

Woolard, MD, FACOG, Christy Cook, WHNP, and Glenda Robison, WHNP. That practice has grown to include two additional obstetricians and gynecologists, Wendelly Vasquez, MD, and Jennifer Lovegreen, MD.

“We are very excited about this opportunity to expand the reach of our medical practice by collaborating with the SoutheastHEALTH network,” said Dr. Rosenquist. “We are looking forward to working with Southeast and its team of skilled healthcare professionals.”

SoutheastHEALTH Vice President of Physician Services Matt Shoemaker, DO, added, “This is an exciting time for SoutheastHEALTH as we continue to expand and enhance services across our region. The addition of this well-respected specialty practice is in keeping with our commitment to provide our patients the best in women’s healthcare services.”

Shown in the photo provided by Amy Ellinghouse are Women First of SoutheastHEALTH physicians Eric Morton, DO, Chris Rosenquist, MD, and Heather Cugini, MD.

LAST UPDATED ON APRIL 01ST 2014 BY DEE LOFLIN

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