## **Faith Matters**



## Daily Devotion: Just Some Encouragement

APRIL 10TH 2014 BY BETH FARRAH

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I ran long distance in track when I was in high school. I remember how that when my Dad was able to attend the track meets, I always had a little extra energy to run a little faster. It was similar when one of my sons ran long distance in track. When I stood near the finish line as he ran around the final curve, he'd see me and suddenly be imbued with an extra surge of energy. We are all helped when those we are close to encourage us by their presence, their cheering, their compliments, and support. You and I know people who are all but crying out for us saying "encourage me!" Some people you and I know need us to build them up more than they need their next meal. How do we know this? We know what encouragement does for others by the way it helps us when we receive it. Somebody close to you needs a good word from you today! "Therefore, encourage one another and build one another up". (1 Thess.5:11).

Written by Jay Craig

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