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# Students Were Quite Creative with Their Time Off

FEBRUARY 17TH 2014 BY DEE LOFLIN

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*Written by*

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**Dexter, Missouri** – Now that school is almost back to normal and the students have already had to make up two of their snow days. What did they do with all that time off?

Here are a few of those activities:

1. Playing in the snow! Whether it be building a fort and having a snowball fight or build a snowman, playing outside is a wonderful way to enjoy this beautiful snow! Be sure to bundle up, drink plenty of water, and don't stay outside for more than 20 minutes at a time to ensure you won't get too cold or get hypothermia.
2. Sledding. Another outdoor activity that some teens are taking part in. Grab a trash can lid and find a mound of snow and you are good to go!
3. Movie day. If you are not interested in outdoor activities, today is a great day to stay in side. Stay in your pajamas, grab some hot cocoa, and watch your favorite movie.
4. Read. On icy days like this, another good activity is to pick up a good book. If you have a window, you won't even need to turn on a light! Bundle up with a

blanket and a book and dig in to an adventurous story.

5. Study. It seems like an unlikely thing to do on this entertaining break when school is the last thing on your mind, but even studying for a few minutes on this wintery day can help you catch back up to speed when you get back in school. Review notes, make flash cards, or do some homework to keep your mind working on things at the same level you left them.

6. Do some indoor workouts. You could download free circuit training apps, yoga apps, or even strengthening apps to get your gym fix without getting out in the weather. If you don't want to do that, several household chores and cleaning methods are high in calorie burning so start scrubbing!

7. Shoveling. This laborious task will not only give you something to do, and a workout, but if you choose to shovel your neighbor's driveway as well, you are doing a good deed. While your out, you might get your elderly neighbors mail or check for any fallen limbs.

8. Get creative. Get a few pieces of paper, a pencil, and some crayons and get to drawing! Think of a favorite scene to draw or even stick figures. Challenge yourself to think outside of the box when drawing.

9. Get caught up on sleep. This weekend was most likely a busy one for you with all the extra activities going on in Dexter, so take a few hours and take a nice nap. Be careful not to sleep too late or it could mess with your sleeping pattern for when school starts back.

10. Test out some new recipes. Experiment with new, healthy foods. Use what you have and get creative. You might find yourself liking something you have never thought of before. If nothing comes to mind, make snow cream.

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