### Community

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# Rotary's Annual Ham & Bean Dinner

FEBRUARY 14TH 2014 BY DEE LOFLIN

Rotary's Annual Ham & Bean Dinner

Written by Dee Loflin, SMT Manager/Editor

**Dexter, Missouri -** The Rotary Club of Dexter is hosting their annual Ham & Bean dinner on Tuesday, February 18th. This is a fundraiser and all proceeds go to the Rotary Interact.

The Rotary Interact is open to all high school students in Stoddard County. They meet the 2nd Sunday of each month at 4 p.m. at the Evangelical Church on the outer road in Dexter.

Interact is a club for young people ages 12-18 who want to join together to tackle the issues in their community that they care most about. Through Interact, you can:

Carry out hands-on service projects

Make International connections

Develop leadership skills

Have fun!

Earn Scholarships

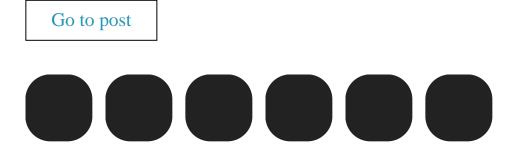
Girls State/Boys State Attendance

The cost is only \$6.00 per person and carry-outs are available. Children under 3 are FREE. The meals include delicious Ham & Beans, cornbread, slaw, a dessert and a drink.

Come join them at the Sacred Heart Catholic Hall on Tuesday from 11 a.m. - 1 p.m. and again from 4 p.m. - 6 p.m. For advanced ordering or carry-outs call 820-6168 or 624-1394.

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# Coupon Class Offered in Dexter

FEBRUARY 13TH 2014 BY DEE LOFLIN

Coupon Class Offered in Dexter

**Dexter, Missouri** – With gas and grocery prices rising, unemployment, and inflation your talent for cutting household expenses is becoming more and more important.

The average American family spends between \$500 a month on groceries, toiletries, cleaning products, pet items, and clothes. Have you ever really wanted to know how to save money like they on the extreme couponing television programs? Where here is your chance to learn a little about coupon clipping!

Melissa Stevens will host a COUPON CLASS at the Lighthouse Christian Center this Saturday, February 15, 2014.

The class will be held at 10 a.m. and will last about one hour. Cost is only \$5.00. You will receive a coupon book and lots of information for beginners.

All admission fees will be donated to help feed the hungry!

If you have any questions you can email Melissa at Melissa@newbeginnings.me Hope to see lots of coupon clippers. You will learn to save save save!!!!

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# End Poverty in Stoddard County - Making Hygiene Kits

FEBRUARY 10TH 2014 BY DEE LOFLIN

End Poverty in Stoddard County - Making Hygiene Kits

Written by Dee Loflin, SMT Manager/Editor

**Dexter, Missouri -** End Poverty in Stoddard County is at it again! This time they are collecting donations to make Hygiene Kits.

The Hygiene Kits are for those who are in need of these basic necessities in our community. This project will go on from now until March 2nd.

Alexis Smith and Jacob Robinson, "two people with one dream" and creators of End Poverty in Stoddard County will be collecting the following: wash cloths, toothbrushes, toothpaste, deodorant, bar or bottled soap, shampoo & conditioner, and razors.

These items will be packaged up and distributed all over Stoddard County. Their plan is to deliver them to the schools, the Stoddard County Gospel Mission, and any other places people suggest! If you know of an organization or place that could use these basic necessities let them know.

All donations will be greatly appreciated!!

Drop off locations are the T.S. Hill Middle School library and the Dexter Family Medical Center by Town & Country in Dexter. If you would like to meet somewhere else to drop off donations that is closer to you or would like one of them to pick up your donations, they will gladly do so!

#### Contact either Jacob (573-552-2108) or Alexis (573-820-5699).

Join the fight to end poverty in Stoddard County! Together poverty can be history!

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# Shown in the photo are Alexis Smith and Jacob Robinson from their annual coat drive.

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# Saakumu Dance Troupe to Perform at Three Rivers

FEBRUARY 04TH 2014 BY DEE LOFLIN

Saakumu Dance Troupe to Perform at Three Rivers

Submitted by Dee Loflin, SMT Manager/Editor

**Poplar Bluff, Missouri -** The Saakumu Dance Troupe, a world-touring performance group out of Ghana, Africa, will perform at Three Rivers College for Black History Month on Wednesday, Feb. 5, at 6 p.m. in the Tinnin Fine Arts Center. The performance is free to the public.

Led by master musician Bernard Woma, the troupe (whose name means "Tradition") performs traditional music and dance from across Africa, combined with contemporary pieces inspired by African culture. Designated as one of Ghana's official performing groups in 2007, Saakumu has performed extensively across the United States and West Africa.

"We're extremely pleased to host the Saakumu Dance Troupe at Three Rivers for Black History Month," said Hillary Speer, Coordinator of Student Engagement at Three Rivers. "They're a world-class group that's had an immense cultural impact across America. We're looking forward to seeing them perform live for our community."

Saakumu's performances are drawn from the spiritual, ceremonial, and recreational music of West Africa, with pieces drawn from the tribal cultures of Ghana, Nigeria, and Benin. Woma then blends the traditional music and dance forms with contemporary elements to create a unique experience that connects to the traditional while retaining a modern relevance.

"If we understand each other's culture, we'll understand each other's situation...In Africa in music, every mistake is a new style," said Woma. "My focus is preserving traditional music, in contrast to the Afro-pop, which blends New and Old World styles. Afro-pop has its own language."

Three Rivers College is committed to contributing to the quality of life in Southeast Missouri with quality, affordable higher education opportunities and community services that support and encourage the economic, civic, and cultural vitality of the region. For more information about college and workforce programs and upcoming events, visit trcc.edu.

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# Bootheel Counseling Awarded 3-Year CARF Accreditation

FEBRUARY 03RD 2014 BY DEE LOFLIN

Bootheel Counseling Awarded 3-Year CARF Accreditation

Submitted by *Dee Loflin, SMT Manager/Editor* 

**Southeast Missouri -** Bootheel Counseling Services has earned the highest level of accreditation possible by CARF International, the premier accreditation body of health and human service organizations. Bootheel Counseling Services has been accredited for a period of three years on the following programs:

- \* Community Integration: Mental Health (Children, Adolescents and Adults)
- \* Crisis Intervention: Mental Health (Children, Adolescents and Adults)
- \* Health Home: Comprehensive Care (Children, Adolescents and Adults)
- \* Outpatient treatment: Mental Health (Children, Adolescents and Adults)

CARF is an independent, non-profit accrediting body whose mission is to promote the quality value and optimal outcomes of services through a consultative accreditation process that centers on enhancing the lives of the persons served. Founded in 1966, as the Commission on Accreditation of Rehabilitation Facilities, and now known as CARF, the accrediting body establishes consumer-focused standards to help organizations measure and improve the quality of their programs and services.

This accreditation decision represents the highest level of accreditation that can be awarded to an organization and shows the organization's substantial conformance to the CARF standards. An organization receiving a Three-Year Accreditation has put itself through a rigorous peer review process and has demonstrated to a team of surveyors during an on-site visit that its programs and services are of the highest quality, measurable and accountable.

"The accreditation received from CARF communicates to our community and clients that Bootheel Counseling Services staff meet international standards for quality and consistently work toward excellence in providing programs and services to our consumers, " said Cheryl Jones, Executive Director of Bootheel Counseling Services & Family Medical Clinic. "We are very proud to share the accreditation results with our consumers and our community."

Bootheel Counseling Services & Family Medical Clinic is a private, not for profit charitable organization committed to providing excellent comprehensive behavioral and primary health care to residents in Scott, Stoddard, Mississippi and New Madrid County. Bootheel Counseling Services has been providing mental health services to our community since 1976 the Family Medical Clinic has been providing physical health care since 2011 helping residences in our community to lead healthier, happier, more productive lives.

LAST UPDATED ON FEBRUARY 03RD 2014 BY DEE LOFLIN

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