



[TOP](#)

National Men Make Dinner Day

NOVEMBER 07TH 2013 BY DEE LOFLIN

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*Submitted by
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United States - Attention all MEN! It's your turn! Each year on the first Thursday in November, men take charge in the kitchen as it is ***National Men Make Dinner Day***.

There are some men that like to cook and do so on a regular basis and to those men, kuddos to you and you can submit your favorite recipe on the National Men Make Dinner website. **menmakedinnerday.com**.

This day was created for the men who do not know their way around the kitchen and are not familiar with the stove and oven and for the women in their lives who need a break.

Men need to be aware that there are a list of rules that must be followed, some of which include:

The main meal must include a minimum of 4 ingredients and require at least one cooking utensil other than a fork. No Mac&Cheese, no tv dinners and peanut butter, jelly and bread are only three ingredients!

- Man must go shopping for 'all' necessary ingredients.

- Must clean up as you go.
- Aprons are optional, but greatly appreciated.

For a list of complete rules, see the above mentioned website.

**TOP TEN REASONS TO
PARTICIPATE IN
'NATIONAL MEN MAKE DINNER DAY'**

10. While cooking, you can still wear your tool belt, simply replace the hammer with a whisk.
9. Several recipes include beer as a legitimate ingredient.
8. The blender, the electric mixer and the food processor are loud enough to drown out anyone in the house who is learning a musical instrument.
7. Whoever is cooking always gets the most attention from the dog.
6. Whatever recipe you choose, you can name it after yourself. Example: tonight's dinner is called 'Doug's Surprise'.
5. Discovering that '250 ml' is the same as '8 ounces' AND '1 cup' is half the fun.
4. Since YOU choose the recipe, it can be a turnip-free night.
3. Some desserts, such as crème brulee, require the use of a propane torch. How much fun is that?!
2. Since other husbands in your neighborhood are also cooking dinner, ironically this could be the ultimate male bonding experience.
1. Participating in 'National Men Make Dinner Day' gives you optimum points with your wife. Use those points wisely!

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