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We Are Officially SoutheastHEALTH!

NOVEMBER 06TH 2013 BY DEE LOFLIN

We Are Officially SoutheastHEALTH!

Written by Dee Loflin, SMT Manager/Editor Dexter, Missouri - Adam Bracks, CEO of SoutheastHEALTH Center of Stoddard County is pleased to present to the community that they are officially SoutheastHEALTH. The outside signage is already in place and many signs and logos are making their way along the halls of the building. To honor this occasion, the hospital held a Regional

Celebration luncheon for the staff and employees.

Bracks wanted to offer appreciation for all of their hard work and dedication to the hospital and to our community. Employees were treated to a wonderful picnic style lunch and new t-shirts with the new logo.

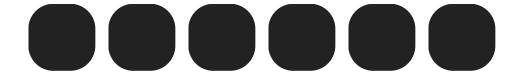
Shown in the photo are Brandy Barnes, RN, Lori Powell and Trinity Pullam, RN, are shown displaying their new t-shirts.

http://www.sehealth.org.

LAST UPDATED ON NOVEMBER 06TH 2013 BY AMY ELLINGHOUSE

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TOP

SoutheastHealth Goes Tobacco Free

NOVEMBER 01ST 2013 BY DEE LOFLIN

SoutheastHealth Goes Tobacco Free

Dexter, Missouri - SoutheastHEALTH Center of Stoddard County in Dexter will become tobacco free inside and outside on *Monday, November 4, 2013*.

"In keeping with our mission to improve the health of those we serve, not only patients, their families and visitors, but also those who work with us, it is our responsibility to take a leadership role on this important public health issue," said Adam Bracks, CEO at SoutheastHEALTH Center of Stoddard County.

The new policy prohibits the use of all tobacco products not only within all SoutheastHEALTH Center of Stoddard County-owned or leased buildings, but on Hospital-owned or leased grounds and parking lots as well.

"Patients who use tobacco are counseled," Bracks said, adding that "physicians can and often do order nicotine patches or medication during a patient's hospitalization. That policy has been in place for more than a decade."

"We are committed to making a healthy difference in people's lives by providing a tobacco free environment," Bracks added.

/images/Dexter High School 2013-14/Southeast Health Sign.png

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Madeline Launius Recognized at SoutheastHEALTH

OCTOBER 23RD 2013 BY DEE LOFLIN

Madeline Launius Recognized at SoutheastHEALTH

Submitted Article to news@showmetimes.com

Dexter, Missouri - Madeline Launius was recently recognized for her exceptional volunteer service with the cardiac rehabilitation program at the SoutheastHEALTH Center of Stoddard County. She received the Ilena Aslin Service Award.

Ten years ago, Launius suffered a heart attack. She was treated at Southeast Hospital. As a longtime Dexter resident, she completed her cardiac rehabilitation at Southeast's rehab clinic at the Dexter hospital. She subsequently started volunteering at the hospital in Dexter.

She has contributed more than 7,800 hours of service. She volunteers three to four days a week for five to six hours each day. She assists the cardiac rehab staff. Launius is a role model and inspiration for patients, encouraging them to embrace exercise and healthy eating. Bray said, "Staff members sing her praises and patients love here."

The service award is named for Ilena Aslin who continues to serve as a volunteer at the Hospital, in the community and throughout the region. A past president of the Auxiliary, she was Missouri's Auxilian of the Year in 2002 and served as president of the Missouri Association of Hospital Auxiliaries from 2008 to 2009.

Shown in the photo: Madeleine Launius of Dexter, Mo., center, receives the Ilena Aslin Service Award from Auxiliary President Judy Brown, left, and Ilena Aslin.

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Drive Carefully - Deer More Active This Time of Year

OCTOBER 08TH 2013 BY DEE LOFLIN

Drive Carefully - Deer More Active This Time of Year

Submitted Article

news@showmetimes.com

Missouri - Colonel Ron Replogle, superintendent of the Missouri State Highway Patrol, reminds drivers that deer are more active this time of year, and to please be especially vigilant during evening and early dawn hours. Deer behavior changes due to mating season, which may cause an increase in sightings and roadway crossings. Hunting and crop harvesting may result in these animals being in places they aren't usually seen. Drivers are urged to remain alert.

Last year, drivers in Missouri experienced 3,980 traffic crashes where deervehicle strikes occurred. One deer strike occurred every 2.2 hours in the state. In these crashes, five people were killed and 411 injured.

When you see deer, slow down and proceed with caution. Deer often travel in groups--stay on guard after a close call or when you see a single deer. Natural features also affect deer movement. In areas where there are streams or wooded corridors surrounded by farmland, look for more deer to cross roadways. Remember: Rural areas are not the only place where deer/vehicle strikes occur. In 2012, 25.5% percent of the traffic crashes involving deer happened in urban areas.

The majority of deer strike crashes occur from October through December each year, with the largest number taking place in November. Most deer strikes occur between the hours of 5 p.m. and 6:59 a.m. The Missouri State Highway Patrol reminds drivers that an attempt to avoid striking a deer could result in a more serious crash involving oncoming traffic. Try to remain calm. Panicking and overreacting usually lead to more serious traffic crashes. Deer create hazards for Missouri motorists. Please stay alert, and make sure you and the occupants of your vehicle buckle up!

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More from ShowMe Times:

Jenni Hosfelt Wins iPad

OCTOBER 02ND 2013 BY DEE LOFLIN

Jenni Hosfelt Wins iPad

Dexter, Missouri - Sue Ann Williams, Assistant Administrator at SoutheastHEALTH Center of Stoddard County, presents the iPad mini to Jenni Hosfelt of Campbell. Jenni was the lucky winner of the Apple iPad Mini that SoutheastHEALTH Center of Stoddard County gave away at the Stoddard County Fair.

Congratulations Jenni!

LAST UPDATED ON OCTOBER 02ND 2013 BY DEE LOFLIN

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