

Local Schools



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International Walk to School Day

OCTOBER 08TH 2013 BY DEE LOFLIN

International Walk to School Day

Submitted by

Dee Loflin, SMT Manager/Editor

Jefferson City, Missouri - Missourians might notice more neighborhood foot traffic this week as students from more than 20 Missouri schools participate in International Walk to School Day on Oct. 9.

October is Walk to School Month and the Missouri Department of Transportation encourages parents and communities to help children establish ongoing walking and cycling programs.

"The physical fitness benefits are obvious. What's interesting is, if more children walked or bicycled to school, fewer cars would be nearby at pick-up and drop-off locations, making it safer for walkers and bicyclists," said Safe Routes to School Coordinator Jeff Cremer. "Fewer vehicles also result in fewer air pollutants. Children are particularly vulnerable to the effects of poor air quality."

One of the most popular program activities is called the walking school bus. Groups of children walk designated routes to school under adult supervision, picking up kids along the way similar to a bus. For some neighborhoods it's a casual group walk, while others set up a formal plan with adults scheduled to walk on certain days. Families who live farther from school can drive part of the way

and join the walk along the designated route.

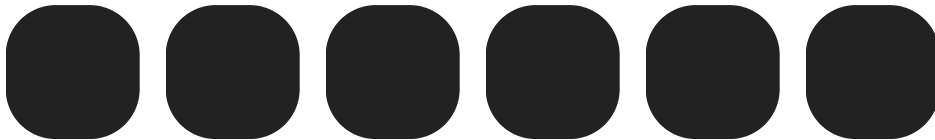
MoDOT oversees the Safe Routes to School program, which provides children in grades K-8 with education, training and infrastructure for bicycling and walking to school safely. The program is designed to provide public awareness and outreach to encourage walking and bicycling to school, instead of riding in cars and buses.

Is the event at your school on the national list? Find out by visiting <http://www.walkbiketoschool.org/>. There you can learn more about how your community benefits when students walk and bike to school.

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2nd Annual Sarah White 5K Run and Relay

OCTOBER 08TH 2013 BY DEE LOFLIN

Submitted by Jill Temples

SMT Writer

Poplar Bluff, Missouri- The 2nd Annual Sarah White 5K and Relay Race will be held on **Saturday, October 19th at 10:00 a.m.** on the Three Rivers College Campus in Poplar Bluff. All ages are invited to participate or volunteer for the event.

This is an annual event that is held here on the Three Rivers campus every October and benefits the Sarah White Memorial Scholarship that is held by the Three Rivers Endowment Trust. This year we have decided to make it a "COLOR SPLASH" run. For those of you who haven't heard of a color run, vibrant colors of blue, green, purple, yellow, and pink will be splashed on you throughout the course and will have a tie-dyed effect on your clothing.

Sarah White will always be remembered as grace in the midst of adversity, smiles in the time of sadness, faith in a time of uncertainty, and courage in a time of fear. Sarah's battle with cancer was the epitome of facing fears, as evidenced by her skydiving with "I Scare Cancer" written on her helmet.

The run/walk includes an individual 5k or a 2-person relay. Team up with your spouse, parent, sibling, co-worker, friend, etc and splash your fears away together!! Again, all proceeds will fund the Sarah White Memorial Scholarship allowing Sarah's legacy to live on forever.

Late registration begins at 8:30 a.m. on October 19th. The entry fee is \$15.00 for the 5K and \$25.00 for the relay. To register for more information, contact the Development Office at Three Rivers College at 573-840-9077 or email eparks@trcc.edu

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Juniors and Seniors Make All District Choir

OCTOBER 08TH 2013 BY DEE LOFLIN

Juniors and Seniors Make All District Choir

Written by
Dee Loflin SMT Manager/Editor

Dexter, Missouri - Juniors and seniors of the Dexter High School Choir were selected to perform in the All-District Choir concert slated for Saturday, November 9th in Cape Girardeau at the Cape Central High School.

Each student prepared a song which they sang for a panel of judges, then they had to identify key signatures and sight-read two pieces of music during the audition on Saturday, September 28th.

Congratulations to Shelby Gathings, Riley Rickman, Christin Sitzes, Ashley Long, Jacob Murdock, Noah Kronk, Brooks Propst, Drew Mason, and Noah Rains.

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Freshman and Sophomores Make All District Choir

OCTOBER 08TH 2013 BY DEE LOFLIN

Freshman and Sophomores Make All District Choir

*Written by
Dee Loflin SMT Manager/Editor*

Dexter, Missouri - DHS Choir members were selected to perform in the All-District Choir concert slated for Saturday, November 9th in Cape Girardeau at the Cape Central High School.

Each student prepared a song which they sang for a panel of judges, then they had to identify key signatures and sight-read two pieces of music during the audition on Saturday, September 28th.

Congratulations to Sarah Miller, Emily Johns, Lauren Thrower, Abby Mangum, Andrew Teel. Jon Rodgers, Jordan Chambliss, Ryan Mayo.

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DHS Homecoming Queen Chosen

OCTOBER 08TH 2013 BY DEE LOFLIN

DHS Homecoming Queen Chosen

*Written by
Dee Loflin SMT Manager/Editor*

Dexter, Missouri - It's a tradition at Dexter Senior High School to select a Homecoming Queen each year and this year's new queen is Miss Lauren Thrower. Lauren was crowned by last year's DHS Homecoming Queen, Kelsey Frederick. Second Alternate was Chandler Crowley and First Alternate was MaKayla Waldner.

Congratulations to all of these beautiful ladies!

Madison McGowan is the 17 year old senior daughter of Todd and Kriste McGowa. Her activities are FCA, FTA, Rowdy Gals, Pep Club, football and basketball cheer, and Dexter Honor Society. Madison plans to attend college and pursue a career as an elementary teacher. Her interests are hanging out with friends, reading, and shopping. Madison was nominated by the varsity cheerleaders.

Madison's escort is **Wyatt Kiger**. Wyatt is the seventeen-year-old senior son of Jerry and Karen Kiger. Wyatt's activities are football, baseball, FCA, and FTA.

Chandler Crowley is the 17 year old senior daughter of Terry and Tammy Crowley. Her activities are football cheer, dance team, track, FCA, plans to attend college and obtain a degree in mammography. Her interests are shopping, snowboarding, swimming, and hanging out with friends. Chandler was nominated by the varsity cheerleaders.

Chandler's escort is **Ethan Stevens**. Ethan is the 16 year old sophomore son of Nate and Maria Stevens. Ethan's activities are football, wrestling, golf, FCA, and Pep Club.

Kendra Stevenson is the 18 year old senior daughter of Keith Stevenson and Kay Polsgrove Stevenson. Her activities are Varsity Tennis, Varsity Softball, Rowdy Gals, President of FCA, Secretary of Pep Club, President of Rotary-Interact Club, Top 10%, and Dexter Honor Society. Kendra plans to attend the University of Missouri - Columbia to study Linguistics. Her interests include cooking, singing, and dancing. Kendra was nominated by the girls' tennis team.

Kendra's escort is **Jonathan Foels**. He is the 17 year old senior son of Rick and Chris Murry and Mark Foels. Jonathan's activities are football, track, FCA, and President of the Pep Club.

Shyann Jines is the 16 year old junior daughter of Cory and Stacy Blocker and Brian and Amanda Jines. Her activities include varsity volleyball, basketball cheer, FCA, FTA, and yearbook staff. Shyann plans to go to college and pursue a job in nursing. her interests are hanging out with friends, shopping, and playing club volleyball. She was nominated by the volleyball team.

Shyann's escort is **Cody Nelson**. Cody is the 17 year old senior son of Denny and Traci Christian and Jamie and Jessica Neldon. Cody's activities include football, basketball, baseball, FCA, and FTA.

Mary Kate Miller is the 15 year old sophomore daughter o Mike and Candy Miller. her activities include varsity tennis, Student Council, FCA, FCCLA, TARS, and Rotary Interact. She plans to become a registered Nuse and eventually a Nurse Practitioner. Her interests are attending DHS activities/sorting events and participating in activities with her church youth group. Mary Kate was nominated by the girls' tennis team.

Mary Kate's escort is **Austin Chessser**. He is the 16 year old sophomore son of Scott and

Cynthia Chessor. Austin's activities are football, basketball, golf, honors choir, and FCA.

Kelsi Wood is the 16 year old junior daughter of Scott and Shawna Wood. Her activities are cross country, track, dance team, FCA, and FTA. She plans to attend college in Alabama and major in psychology. Her interests are spending time with family and friends. Kelsi was nominated by the cross country team.

Kelsi's escort is **Jordan Wood**. Jordan is the 15 year old sophomore son of Scott and Shawna Wood and is Kelsi's brother. Jordan's activities are cross country, basketball, baseball, FCA, and Pep Club.

Alyssa Spear is the 17 year old senior daughter of Andy and Becky Wilkerson and Steve and Candi Spear. Her activities include volleyball, cheer, FCA, and Pep Club. Alyssa plans to attend college and pursue a career in the medical field. Her interests are hanging out with friends, playing club volleyball, and spending time with her little brother. She was nominated by the volleyball team.

Alyssa's escort is **Peyton Pollock**. Peyton is the 17 year old junior son of Dan and Monta Pollock. Peyton's activities are football, basketball, baseball, Pep Club and FCA.

Lauren Thrower is the 15 year old sophomore daughter of Lori Hawkins and Bob Thrower. Her activities are JV volleyball, FCA, FLC, Student Council, and Pep Club. Lauren plans to attend the University of Missouri - Columbia and graduate with a major in occupational therapy. Her interests are singing, playing volleyball, competing in pageants, and supporting the Bearcats any way she can. She was nominated by the football team.

Lauren's escort is **Tyler Stevenson**. Tyler is the 15 year old sophomore son of Keith Stevenson and Kay Polsgrove Stevenson. Tyler's activities are FCA, Pep Club, varsity football, tennis, and a member of the Bernie Church of Christ.

Katie Justice is the 17 year old senior daughter of Keven and Cindy Justice. Her activities are cross country, track, FCA, FTA, an Dexter Honor Society. She plans to attend college and become a dentist. Her interests are spending time with family and friends and running. Katie was nominated by the cross country team.

Katie's escort is **Damon Allstun**. Damon is the 16 year old junior son of Kenny and Crystal Allstun. Damon's activities are cross country, track, and DTA.

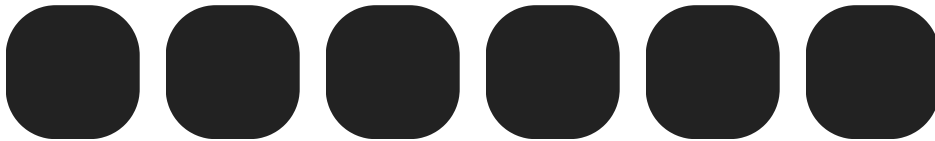
MaKayla Waldner is the 16 year old sophomore daughter of Bob and Kim Waldner. Her activities include tennis, football, basketball, track, Pep Club, FCA, and STUCCO. She plans to attend college and play soccer while studying to become a medical examiner. Her interests are playing sports and hanging out with friends. MaKayla was nominated by the football team.

MaKayla's escort is **Trevor Waldner**. He is the 18 year old senior son of Bob and Kim Waldner and is MaKayla's brother. Trevor's activities are football, wrestling, Pep Club, and FCA.

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