Features

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Veterans Service Day at the American Legion

OCTOBER 03RD 2013 BY DEE LOFLIN

Veterans Service Day at the American Legion

Article Submitted to news@showmetimes.com by Eric Smith

Come on over to the DEXTER AMERICAN LEGION HALL!

We have a **VETERANS SERVICE DAY** JUST FOR YOU! If you have questions, we have answers. If you have problems? Let us get you through them! We have professionals ready to help you, no matter the issue!

VETERANS SERVICE DAY

12 Oct 2013, from 0900 to 1200 420 W. Oak, Dexter, Missouri

The Dexter American Legion Post 59 is hosting a Veterans Service Day on 12 Oct 2013 at the Dexter American Legion Hall, 420 W. Oak Street, in Dexter. We will have various experts and "Help" agencies present to help all veterans with a wide variety of issues. The John J. Pershing Veterans Hospital will have representatives as well as Cape Arrowhead, both from Poplar Bluff to name a few. If you need help with a claim or didn't know that you are eligible for eye glasses or are close to being homeless,

these folks can help you.

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This Run's 4 Vaughn

OCTOBER 02ND 2013 BY DEE LOFLIN

Written by Dee Loflin, SMT Manager/Writer

Dexter, Missouri - This is the fifth year for the annual benefit run. It was originally organized to provide the Vaughn Wright's family with the financial support needed to keep him comfortable as he battled ALS.

It has been almost three years since Vaughn lost his battle with ALS; however, his spirit and determination will live on through this run. This run is dedicated to Vaughn's memory and the money raised will benefit local families battling ALS.

Several members of the First Christian Church have organized this 5K fun run/walk and bake sale. They would greatly appreciate your support!

5K RunlWalk

When: Saturday, October 12, 2013 @ 10:00 a.m.

(Registration begins at 9:00 a.m.)

Where: First Christian Church Parking Lot, 224 East Stoddard Street, Dexter, MO.

This is not a race but a journey through the streets of Dexter. All participants will receive a free t-shirt and lunch!

Your completed registration form and \$20 fee turned in by Friday, October 4th will guarantee a shirt on race day. Extra shirts will be available in limited sizes on race day. Contact Scott Kruse (614-0503) or Kenny Pope (421-2535) for more information or for a registration form.

Bake Sale

When: Saturday, October 12, 2013 @ 9:00 a.m.

Where: First Christian Church' Disciple Center Contact Susie Grobe for more information (624-7567).

Personal donations are also welcome!

There is an account set up at the Bank of Advance. Checks can be made out to This Run's 4 Vaughn.

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Fifteen, Fighting, and Fabulous

SEPTEMBER 23RD 2013 BY BETH FARRAH

Fifteen, Fighting, and Fabulous

Submitted by Beth Farrar, SMT Writer

Bloomfield, Missouri - Kathy Jones was once an elementary and special education teacher for thirty years and won the Teacher of the Year Award in 2010, but that's not the only thing she won. Thankfully, she also beat breast cancer and she is now celebrating her fifteenth year in remission!

She was initially diagnosed with breast cancer on September 28th, 1998. After being told that she only had a 10% chance of survival, she started chemotherapy, a mastectomy, radiation, and a stem cell transplant. After that battle, she had finally beat breast cancer for the first time in her life and stayed in remission until March of 2011. During that time, she lost her husband to lung cancer and two weeks after his passing she discovered that she would once again have to fight her own battle against cancer. This time was different from the first time she was diagnosed, because now the cancer had metastasized into her bone.

The family has been through turmoil ever since March of 2011. In those short two and a half years, the family has lost not only their father, but three of their grandparents, two aunts who lost their battles to cancer, a sister to unexplained causes, an infant relative, and various friends and neighbors. Throughout all of this, Kathy continues to fight proudly

and gracefully. She is truly an inspiration.

"My mother is a fighter!" Kathy's daughter, Lora Galati stated. "She is so strong and amazes me every day. I don't have the words to explain it all like I'd like to, but what I can say is that I love my mom, and I believe that the prayers and support from others are what's gotten her and all of us through."

Kathy has recently maintained her health through her previous treatments for the past year and a half, but she recently had to switch to chemotherapy treatments in early August of this year. There are good days and bad days, but due to the care of her family and friends, she has kept a positive attitude towards her situation.

It has been a long fifteen year journey for Kathy as well as her friends and family. That is why her daughter, Lori, is piecing together a scrapbook keepsake for her. Anyone who has been touched by Kathy's story or knows and loves her are encouraged to participate!

The keepsake represents the fifteen years of survival for Kathy and the battle she has been fighting for all this time. Lori is currently collecting emails, hand written letters, personal stories, and anything that is inspirational or encouraging, including prayers and get well soon cards. Any of these things can be recent, in the past, or could have happened throughout the years.

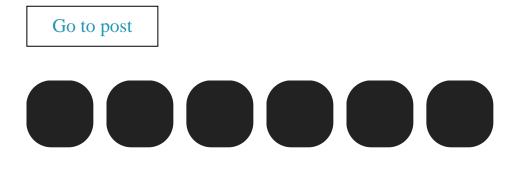
Lori will be collecting all of these great things until September 28th. To participate in this thoughtful event, simply formulate a message for Kathy-- however large or small-- and send it to Lori Galati at **loraegalati@yahoo.com** or 1238 Redbud, Jackson, MO 63755.

You can include anything you'd like (even a favorite picture of you and/or her if you have it), but please don't forget to sign your name, and make a note on there of how you best know Kathy- from school, church, community, through hearing her story some other way, etc.! Extra note: Please pass this note along to any others you know would want to be included in this celebration! Whether one knows Kathy from her very early years of teaching at Bernie, her longest period of teaching at Bloomfield, her more recent position at Parkview; from church or community over the years; if you've only met her once; or have just heard about her story, we'd love for you to join in this celebration! If you have any questions, please do not hesitate to contact Lori at loraegalati@yahoo.com.

The family says thank you from the bottoms of their hearts for participating in this fantastic way of remembering this journey.

LAST UPDATED ON SEPTEMBER 23RD 2013 BY DEE LOFLIN

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September 22nd is National Wife Appreciation Day!

SEPTEMBER 22ND 2013 BY DEE LOFLIN

September 22nd is National Wife Appreciation Day!

Written by Dee Loflin, SMT Manager/Writer

USA - Between a busy career, the children, a multitude of after school activities and the never ending household chores, there's just not enough hours in a day to get it all accomplished. September 22, 2013 has been set aside to recognize all the wives who seem to accomplish so much each and every day.

We encourage all husbands to surprise their wives with a gift, perhaps some recognition and above all, appreciation. How are you going to celebrate? Maybe some chocolate or a gift certificate for a free massage or spa treatment! You don't have to spend and are and a leg to remind her how much you care. Just a little token of you appreciation will do!

Life is short. Don't take each other for granite. It is important to remind each other how much we value one another. We never know what tomorrow will bring. Just remember to remind that special lady in your life how much you appreciate her!

Happy Wife Appreciation Day!

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Local Residents Participate in 9/11 Memorial Stair Climb

SEPTEMBER 17TH 2013 BY BETH FARRAH

Submitted by

Beth Farrar, SMT Writer

Clayton, Missouri – America was broken and rattled after the events that occurred on September 11th, 2001. Last Wednesday, the nation remembered the lives that were lost by having tributes, moments of silence, and times of prayer. A few residents from Dexter travelled to Clayton, Missouri to remember those that were lost inside of the Twin Towers on that fateful morning.

There are many 9/11 Memorial Stair Climbs held in multiple different states, but Missouri is proud to be holding two different climbs in two different cities. Both Clayton and Springfield both hold them each and every year. The first Memorial Stair Climb was held on September 11th, 2005, in Denver, Colorado, where the participants supported the National Fallen Firefighters Foundation and those who were involved with the 9/11 rescue mission. Years later, the event spread all across the country with thousands of participants each year.

Dexter resident, LaDawn Northcutt, and her family travelled to Clayton and climbed up twenty-two flights of stairs five times to represent the one-hundred-and-ten flights of stairs that the firemen and policemen climbed on the morning of 9/11 during their rescue mission. The climbing took place in the Pierre Laclede Tower in Clayton.

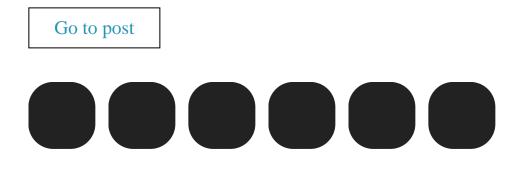
The Clayton Fire Department hosts the event each year. The firefighters and other volunteers, like the Northcutts, got a chance to support the first responders of the FDNY and the battle they faced in the towers twelve years ago. Each of the participants got the chance to go the extra mile and remember the Americans that were lost in a different way than most.

"I had a great experience this weekend at Clayton 9/11 stair climb," said one volunteer, " I got to hear a little bit of what happened and how the FDNY responded that day. It was bone chilling to listen to a guy that was actually there, risking his life, and not knowing if he would see his family again. My hat comes off to all the responding units that were involved in 9/11."

The Clayton 9/11 Memorial Stair Climb was described as a humbling experience by Northcutt. Her and the team she ran with were proud to represent the three-hundred-andforty-three heroes that were part of the first responders on that morning. Some participants carried breathing apparatuses, fire hoses, or other firefighting equipment. Most firemen showed up in full turnout gear. Each participant carried a photo and a biographical sketch of one of the three hundred and forty three FDNY firefighters that lost their lives when the World Trade Center collapsed.

LAST UPDATED ON SEPTEMBER 17TH 2013 BY DEE LOFLIN

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