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# Go Pink October: National Breast Cancer Awareness Month

OCTOBER 02ND 2013 BY BETH FARRAH

## Go Pink October: National Breast Cancer Awareness Month

**United States** - October is the national month for Breast Cancer Awareness. Many people all over the nation and even some locals have been affected by this terrible sickness. October is the perfect month to show support to the fighters, survives, and remember the ones who have already passed away. Multiple schools within the Stoddard County area have been raising awareness by participating in the Dig Pink Volleyball games, helping with St. Jude Hospital Research Fundraisers, and 'Pinking Out' when they go to school.

There have been multiple activities to support the ones that are still fighting. Throughout this month, the local volleyball teams from the Stoddard County schools will be selling Dig Pink t-shirts for their Breast Cancer Awareness game that will be scheduled for the near future.

But the local high schools aren't the only ones going Pink for October, there are many people in the community that are honoring all the fighters with pink porch lights, hanging ribbons in their front windows, and are participating in fundraisers their community are involved in.

Although there are many things going on this month to support the Breast Cancer Awareness process, it is important that people participating understand what wearing pink actually means. October is part of the annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same.

One in every eight women is diagnosed with breast cancer throughout their lifetime, so the problem is very common among people everywhere in the United States. It is important that people are able to be tested for breast cancer as soon as possible because statistics show that if the cancer is found early enough in the localized stage, survival rate of five years is 98%!

It is inspiring to see websites, networks, businesses, schools, social media, restaurants, and all sorts of others go pink this month for such a great cause! As a community, it is important to support each and every fighter and their family as they battle through this journey. The rest of this month will be full of sporting events in honor of Pink October, fundraiser money for Breast Cancer foundations and organizations, and other great activities that will support our fighters. The ShowMe Times will be sure to keep you updated on all those upcoming events this month!

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## Madeleine Launius Receives Ilena Aslin Service

# Award

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OCTOBER 01ST 2013 BY DEE LOFLIN

## Madeleine Launius Receives Ilena Aslin Service Award

*Article Submitted to  
news@showmetimes.com*

**Dexter, Missouri** - Madeline Launius was recently recognized for her exceptional volunteer service with the cardiac rehabilitation program at the SoutheastHEALTH Center of Stoddard County. She received the Ilena Aslin Service Award. Ten years ago, Launius suffered a heart attack. She was treated at Southeast Hospital. As a longtime Dexter resident, she completed her cardiac rehabilitation at Southeast's rehab clinic at the Dexter hospital. She subsequently started volunteering at the hospital in Dexter.

She has contributed more than 7,800 hours of service. She volunteers three to four days a week for five to six hours each day. She assists the cardiac rehab staff. Launius is a role model and inspiration for patients, encouraging them to embrace exercise and healthy eating. Bray said, "Staff members sing her praises and patients love here."

The service award is named for Ilena Aslin who continues to serve as a volunteer at the Hospital, in the community and throughout the region. A past president of the Auxiliary, she was Missouri's Auxilian of the Year in 2002 and served as president of the Missouri Association of Hospital Auxiliaries from 2008 to 2009.

Madeleine Launius of Dexter, Mo., center, receives the Ilena Aslin Service Award from Auxiliary President Judy Brown, left, and Ilena Aslin.

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## Stoddard County Fair Parade Winners

SEPTEMBER 30TH 2013 BY DEE LOFLIN

[Stoddard County Fair Parade Winners](#)

Winners of the Stoddard County Fair Parade for the Commercial entries were:

1<sup>st</sup> Place      Young Real Estate LLC

920 West Business 60, Dexter, MO

2<sup>nd</sup> Place

Central Gardens

302 North Elm, Dexter, MO

3<sup>rd</sup> Place

Ferguson Medical

1516 West Business 60, Dexter, MO

Congratulations to everyone who participated in the Stoddard County Fair Parade and made this event memorable.

Schools/Clubs -

1<sup>st</sup> Place

Bloomfield FFA

Chad Upchurch

505 Court Street

Bloomfield, MO 63825

2<sup>nd</sup> Place

Dexter FFA

Gary Wyman

Dexter Senior High School

1101 West Grant

Dexter, MO 63841

3<sup>rd</sup> Place

T. S, Hill Middle School

Cheerleaders

Scott Kruse

Brown Pilot Road  
Dexter, MO 63841

Churches & All Other-

1<sup>st</sup> Place      Ducks Unlimited  
Darren Burnett  
2303 CR 480  
Dexter, MO 63841

2<sup>nd</sup> Place      Farm Safety for Kids  
Sherry Crisel  
111 W. Reed  
Puxico, MO 63960

3<sup>rd</sup> Place      Stoddard County  
Gospel Mssion  
Kim Slavings  
207 North One Mile Road  
Dexter, MO 63841

**2013 Stoddard County Fair Parade / Band Competition**

1<sup>st</sup> Place – Puxico High School

2<sup>nd</sup> Place – Advance High School

3<sup>rd</sup> Place - Bernie High School

**2013 – Second Annual Stoddard County  
Photography Contest –**

## Agricultural Scenes in Stoddard County

1<sup>st</sup> Place ----- Megan McKay, Dexter, MO ----- \$100.00

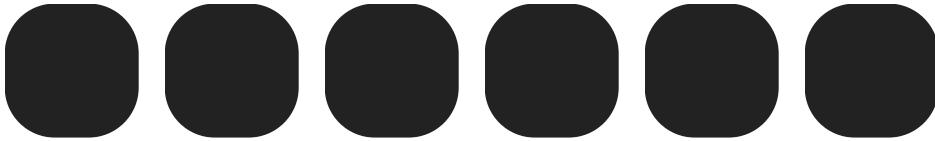
2<sup>nd</sup> Place ----- Megan Cullum, Essex, MO ----- \$ 75.00

3<sup>rd</sup> Place ----- Audrey Lutmer, Dexter, MO ----- \$ 50.00

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## Monday is National Chewing Gum Day

SEPTEMBER 29TH 2013 BY DEE LOFLIN

[Monday is National Chewing Gum Day](#)

*Submitted by*

*Dee Loflin, SMT Manager/Editor*

**USA** - For all the gum chewers across the nation you can officially celebrate National Chewing Gum Day each year on September 30th.

**Humans have used chewing gum for over 5,000 years.**

Various forms of chewing gum has existed since the Neolithic period. 5,000-year-old chewing gum which was made from bark tar, with tooth imprints in it, was found in Kierikki, Yli-li, Finland. The bark tar, from which the gum during that time was made, is believed to have antiseptic properties and other medicinal advantages.

- Many other cultures chewed gum made from the resin of the mastic tree, from plants, grasses and other resins.
- In 1848, John B. Curtis developed and sold the first commercial chewing gum which was called “The State of Maine Pure Spruce Gum”.
- Around 1850, a gum made from paraffin wax was developed and surpassed the spruce gum in popularity.
- December 28, 1869, William Semple filed an early patent on chewing gum, patent number 98,304.

Celebrate National Chewing Gum Day by buying a pack of your favorite flavor of chewing gum and sharing it with your friends.

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# 100 Missouri Miles Challenge

SEPTEMBER 26TH 2013 BY UNKNOWN

100 Missouri Miles Challenge

*Submitted by Jill Temples*

*SMT Writer*

More than 10,000 Missourians take Governor's 100 Missouri Miles Challenge Governor and First Lady continue to log miles, encourage Missourians to help outdoor fitness initiative reach 1 million miles before the end of the year.

**Jefferson City, Missouri** – The number of Missourians who have taken the Governor's 100 Missouri Miles Challenge passed the 10,000 mark on Wednesday, and Gov. Jay Nixon and First Lady Georganne Nixon are encouraging them to continue logging miles in order to reach the goal of 1 million miles this year.

Launched to promote Missouri's distinction as the 2013 Best Trails State in America, the outdoor fitness initiative challenges Missourians to complete 100 miles of outdoor physical activity by the end of the year. Since the official launch on June 1, participants have completed more than 745,000 miles, including 288 miles by the Governor and 289 miles by the First Lady.

"The response to this initiative has been overwhelming, with more than 10,000 Missourians signing up to take the Challenge in the first few months alone," Gov. Nixon said. "The First Lady and I are proud to celebrate this milestone with thousands of Missourians in every corner of the Show-Me State.

"Reaching our goal of 10,000 participants would not have been possible without the hundreds of families, businesses, and organizations all over the state that have embraced this initiative as a way to improve their health and take part in

Missouri's outdoor heritage," the Governor said. "With thousands of miles of outstanding trails to enjoy, I encourage Missourians to keep logging their miles online at [MO.gov](#) to help us reach our 1 million mile goal later this year."

Missouri was recently named the "Best Trails State" by American Trails, a national, nonprofit organization dedicated to promoting our nation's hiking, biking and riding trails. The award recognized efforts by federal, state and local agencies as well as private organizations to expand and improve Missouri's comprehensive recreational trail system, which offers trails for a wide range of interests and abilities, including hikers, backpackers, cyclists, paddlers and equestrians.

Nearly 200 organizations – including schools, cross country teams and fitness clubs – have signed up to take the Challenge as a group, while almost 30 Missouri businesses have implemented the initiative into office wellness programs to promote overall health and physical activity among employees.

Missouri State Parks is also a top-four finalist for the 2013 National Gold Medal Awards. The Gold Medal Awards program honors communities that demonstrate excellence in parks and recreation through long-range planning and program development. This recognition is a reflection of the state's dedication to protecting and preserving Missouri's natural resources.

The Governor's 100 Missouri Miles Challenge is a partnership with the Missouri State Parks, the Missouri Department of Health and Senior Services, the Missouri Department of Conservation, the Missouri Division of Tourism and the Office of Administration.

For more information and to take the Challenge, visit [MO.gov](#). Participants can also share adventures, post photos and learn about upcoming events by connecting with 100 Missouri Miles on [Facebook](#) and [Twitter](#) using #100MoMiles.

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