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SoutheastHEALTH's Groundbreaking Ceremony

JULY 25TH 2013 BY DEE LOFLIN

SoutheastHEALTH's Groundbreaking Ceremony

Submitted by

Dexter, Missouri - SoutheastHEALTH Center of Stoddard County held a groundbreaking ceremony for its new Medical Office Building on Thursday, July 25. The event, which was open to the public, marked the beginning of construction of the highly anticipated new medical offices.

The new office, which will be approximately 15,000 square feet, will be located at the front-left of the hospital located on 1200 North One Mile Road. The large medical office complex will be the home to seven physician practices. The clinic will include specialties in internal medicine, family practice, pediatrics, as well as radiology and laboratory services. They also plan to expand into additional medical specialties in the future.

“We are excited about the future of SoutheastHEALTH Center of Stoddard County and healthcare in this region,” Adam Bracks, Chief Executive Officer, said. “This medical office building is indicative of SoutheastHEALTH’s commitment to improving healthcare services within Stoddard County. It is a privilege to serve this community and to continue to provide low cost, quality healthcare, close to home.”

The \$3 million Medical Office Building project is considered Phase One of a two phase project. Phase One is expected to take eight to 12 months to complete. Phase Two includes the addition of a brand new Emergency Department at the front of the hospital.

SoutheastHEALTH Center of Stoddard County is an acute care hospital located in Dexter, MO. The licensed 48-bed facility currently has a four-bed ICU and an eight-bed telemetry unit. The hospital’s major service thrust is primary care oriented with expanding outpatient services. SoutheastHEALTH Center of Stoddard County operates a 24-hour, five-bay emergency room. All diagnostic testing, with the exception of MRI, are available 24 hours. Other onsite services include a home health agency with a seven-county service area and an outpatient physical therapy facility.

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SoutheastHEALTH To Host Groundbreaking Ceremony

JULY 24TH 2013 BY DEE LOFLIN

SoutheastHEALTH To Host Groundbreaking Ceremony

*Written by
Dee Loflin, SMT Manager/Writer*

Dexter, Missouri – SoutheastHEALTH would like to invite you to join them for the Groundbreaking Ceremony for the new medical office building.

On Thursday, July 25th at 10:00 a.m. they will have the ceremony at the front entrance of the new SoutheastHEALTH Center of Stoddard County. Refreshments will be served in the front lobby of the hospital.

Adam Bracks, Chief Executive Officer of SoutheastHealth of Stoddard County stated, “The medical office building will allow for more physicians to be added to the facility and our Emergency Care will be moved to the next level.”

“The future for our hospital is bright, as we are now part of a regional system of care.” Bracks stated, “We remain committed to providing high quality patient care at a low cost, right here at home.”

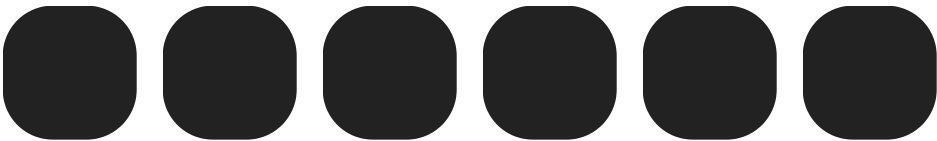
Bracks said, “Plans are currently underway to expand access to specialty services at the hospital through our tele-medicine program, including neurology, cardiology and orthopedics. This expansion will greatly enhance the availability of quality patient care in Stoddard County.”

We hope everyone has the opportunity to stop by and see the new medical office area.

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Have You Had Your Tdap Today?

JULY 08TH 2013 BY DEE LOFLIN

Have You Had Your Tdap Today?

Written by

Dee Loflin, SMT Manager/Writer

Bloomfield, Missouri – The Stoddard County Public Health Center will be offering free tetanus, diphtheria, and pertussis vaccinations to the public on Thursday, July 18, 2013 and again on Friday, July 26, 2013 according to Amy Hector BSN, RN.

The Tdap vaccinations also known as the DPT vaccination will be given between the hours of 8:00 a.m. – noon and between 1:00 p.m. – 4:00 p.m. The Tdap vaccine is given to children around the age of 11 or 12 and is required for all students entering the 8th grade.

The Tdap vaccination protects you from three diseases, diphtheria, tetanus, and whooping cough. One can get Tetanus from cuts, scratches or puncture wounds.

Diphtheria is contagious and can spread from person to person. It can lead to breathing issues, heart failure, and sometimes death. The Whooping Cough is also a contagious disease that causes babies to cough so much they cannot breathe well.

Recommendations for those who need a Tdap vaccination are:

- *All adults 19 years and older, including those 65 years and older, should get a dose of Tdap (tetanus, diphtheria, and pertussis) vaccine.*
- *The Tdap vaccine is now recommended for all women in the third trimester (ideally 27th through 36th week of their pregnancy), even if they have previously received Tdap vaccine.*
- *Tdap is especially important for anyone in close contact with infants younger than 12 months old – for example, parents, guardians, grandparents, babysitters, nannies, teachers, and those who have not previously received the Tdap vaccine.*
- *Other adults who are not close contacts of children younger than 12 months old, should receive a one-time dose of the Tdap vaccine. After your initial dose of Tdap, you'll need the Td (tetanus and diphtheria) booster every 10 years. You don't need to wait to get the Tdap vaccine if you have recently received the Td booster vaccine.*

The Stoddard County Health Center’s mission is striving to empower individuals and families, will protect the health and promote wellness by assessing and strengthening the public healthcare system through the coordination and delivery of services, educations, and resources.

The Stoddard County Public Health Center was established for the residents of Stoddard County and is funded through the county taxes and the state of Missouri. Most services are available to anyone regardless of financial status and are free of charge. We provide services for infants and children, young and middle ages adults, and the elderly populations of Stoddard County.

The Board of Trustees include Larry Walpole, Chairperson, Debra Kiser, Vice Chairperson, Sue Tippen, Secretary/Treasurer, Linda Morgan, Member, and Jeanie Huey, Member. Board meetings are held monthly.

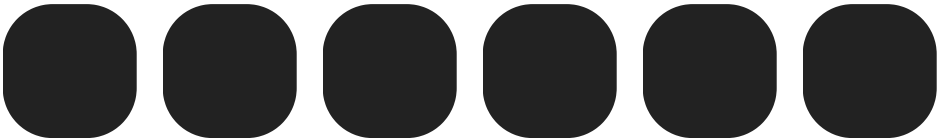
If you would like more information, please contact the Stoddard County Public Health Center at 573-568-4593 or your local physician to see if you have had the vaccination.

The vaccinations are FREE and both adults and children may receive the vaccine. The SCPHC is located at 1001 Missouri 25 in Bloomfield.

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Get Healthy By Walking Missouri Trails

JUNE 06TH 2013 BY DEE LOFLIN

Get Healthy By Walking Missouri Trails

Submitted by

Dee Loflin, SMT Manager/Writer

Missouri was recently named the “Best Trails State” by American Trails, a national, nonprofit organization dedicated to promoting our nation’s hiking, biking and riding trails. The national award is presented every two years to the state with the most innovative and successful trail sharing efforts, programs, and systems.

“From backcountry hiking trails to urban bike paths, Missouri’s award-winning trails offer healthy outdoor activities for Missourians of all ages and interests,” Gov. Nixon said. “The First Lady and I invite all Missourians to join us on the 100 Missouri Miles Challenge as we promote Missouri’s outdoor heritage, improve our health, and have fun with family and friends.”

Missouri offers nearly 1,000 miles of trails managed by Missouri State Parks, more than 500 miles of National Recreation Trails designated by the U.S. Department of Interior, and thousands of trail miles maintained by municipalities, local park districts, schools, colleges, churches, private entities, not for profit groups, and other local groups throughout the state.

They have one mission - to get more Missourians moving in the beautiful Missouri outdoors. Whether you run, walk, bike, ride, swim, or roll, there is a trail or other outdoor venue that can help you achieve the challenge of 100 Missouri Miles. Join us today as we all strive to complete 100 Missouri Miles.

Missouri businesses and organizations have joined Governor Jay Nixon and First Lady Georganne Nixon in the effort to challenge all Missourians to complete 100 Missouri Miles of physical activity by the end of the year. And so should you! Thank you to all for helping us carry on time-honored traditions and helping more

Missourians discover our proud outdoor heritage.

For more information and to take the Challenge, visit 100MissouriMiles.com. Participants can also share adventures, post photos and learn about upcoming events by connecting with 100 Missouri Miles on [Facebook](#) and [Twitter](#).

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Pancreatic Cancer Awareness Night at Busch Stadium

JUNE 01ST 2013 BY DEE LOFLIN

Pancreatic Cancer Awareness Night at Busch Stadium

Submitted by

Dee Loflin, SMT Manager/Writer

St. Louis, Missouri - Gov. Jay Nixon joined a Missouri Pancreatic Cancer survivor this evening to throw out the ceremonial first pitch ahead of the St. Louis Cardinals game as part of the Pancreatic Cancer Awareness Night at Busch Stadium. A portion of all ticket sales from tonight's game benefits pancreatic cancer research through the not-for-profit Pancreatic Cancer Action Network.

Before throwing out the pitch, Gov. Nixon was joined by cancer survivors, representatives from the Pancreatic Cancer Action Network, Cardinals President Bill DeWitt and members of the Cardinals baseball organization, to sign House Bill 68 which designates the month of November as Pancreatic Cancer Awareness Month in the state of Missouri.

"Pancreatic Cancer is the fourth leading cause of cancer death in Missouri and the United States, and impacts families throughout Missouri," Gov. Nixon said. "By raising awareness of this deadly disease, we hope to improve the survival rate of Missourians afflicted with Pancreatic Cancer by increasing early detection and treatment."

HB 68 designates the month of November as Pancreatic Cancer Awareness Month in the state of Missouri to increase public understanding of the disease, including its prevalence, approaches to screening and prevention, and treatment options.

According to a recent report by the Pancreatic Cancer Action Network, by the year 2020, pancreatic cancer will move from the fourth leading cause of cancer death to the second leading cause of cancer death in the United States.

In Missouri, on average, about 700 new cases of Pancreatic Cancer are diagnosed each year. In 2012, 782 Missourians died from Pancreatic Cancer.

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