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# Cardinals Day at Central Gardens Residential Care

JUNE 17TH 2013 BY DEE LOFLIN

Cardinals Day at Central Gardens Residential Care

*Written by  
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**Dexter, Missouri** – Southeast Health hosted a Cardinals Day at Central Gardens Residential Care Facility. Heather Waddle and Tracy Hedrick's community bible school study group of 7<sup>th</sup> graders helped with serving popcorn, nachos and beverages to the Cardinal fans!

Tracy Hedrick is also a physical therapist with Southeast Health and her partner, Krystal McGowan, put together a very nice afternoon for the more than 25 residents who attended.

Robin Stanfield, Personal Care Supervisor at Central Gardens, escorted resident after resident into the media room decked out with baseball themed decorations. Each resident received a red beaded necklace and most were wearing their Cardinal red or white shirts!

After a short rain delay, Amy Ellinghouse of Southeast Health wearing her favorite Cardinal outfit popped the popcorn and cheered as the Cardinals scored their first run.

Gordan Hill, Central Gardens Resident and great grandpa to Drew Albritton, couldn't wait for the game to get started. He is a true St. Louis Cardinal fan!

Even resident Barbara Harper made her way in and clapped for the boys in red and ate her nachos.

Everyone seemed to have a great time eating and cheering for the St. Louis Cardinals as they played the Mets in New York. Drawings were held and prizes were awarded. Southeast Health graciously donated all the prizes, including Cardinal t-shirts and other Cardinal mementos. Residents didn't go away empty handed, each was given a treat bag form Southeast Health as well to take home.

Thank you to everyone who made this a special day for the residents at Central Gardens. They appreciated the exhilarating afternoon and wonderful memories.

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