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## New Day Life & Health Coaching Grand Opening

APRIL 11TH 2013 BY DEE LOFLIN

New Day Life & Health Coaching Grand Opening

*Written by  
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**Dexter, Missouri** – A new business in town had their Chamber of Commerce ribbon cutting on Tuesday, April 9, 2013. The New Day Life & Health Coaching is opening soon in Dexter and they are located at 2106 W. Outer Road, Suite C.

The New Day Life & Health Coaching will be hosting their Grand Opening on Saturday, April 13, 2013 from 11 am - 3 pm and will have music, food, prizes, and discounts on sign-ups. KDEX radio station will also be on site!

Owners Martha Crawford, RN HCLC-C and Office Manager, Amber Wheeler-Green will be on hand to answer your questions and discuss your options for programs such as Weight Loss, Smoking Cessation, Diabetic and Cardiac Nutrition. Mrs. Crawford has over 23 years of nursing experience.

Other services offered are Personal Growth, Achieving Balance, confidence and Personal Power, Organization and Productivity and Post Cardiac Crisis.

“This has been a dream of mine and I am so glad to be starting this business,” stated Martha. “We all have to work on our health, including me, each and every day.”

Martha Crawford, Marti as most might know her by, and her husband Paul live in Southeast Missouri. She is nationally certified as a Health Care Life Coach with two advanced nutrition certifications.

For more information please contact them at 573-820-5591 or 573-820-9494. The New Day Life and Health Coaching also has a website for more information: [www.newdaywellness.net](http://www.newdaywellness.net). They also have a Facebook page, <https://www.facebook.com/NewDayLifeAndHealthCoaching>

Join them this Saturday and take a tour. KDEX will be there to give away lots of prizes including a copy of Bloomfield native Maggie Thorn's CD "Gravel Road" and free movie passes to the Dexter Twin Cinema.

[/images/New Day Ribbon Cutting.gif](#)

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