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# PAT 5k Run/Walk and Strollerthon

MARCH 04TH 2013 BY DEE LOFLIN

PAT 5k Run/Walk and Strollerthon

*Written by  
Dee Loflin, SMT Manager/Writer*

**Dexter, Missouri** – The 2<sup>nd</sup> Annual Dexter “Parents As Teachers” 5k and Strollerthon will be held on Saturday, March 23<sup>rd</sup>. And the deadline for registration is fast approaching.

This year they will be holding the event at Southwest Elementary School with registration beginning at 8:00 a.m., 5k steps off at 8:30 a.m. and the Strollerthon rolls out at 10:00 a.m.

***You must have your completed registration form and fee turned in no later than Friday, March 8<sup>th</sup> to guarantee a shirt for the event.*** Extra shirts will be available in limited sizes on the day of the 5k event. Registration for the 5k Run/Walk is \$20.00.

The 5k Run/Walk Event is a time for everyone, not just parents and grandparents, to get an active and of course to support a great community program. Young and old alike are welcome to participate, just meet them at the crayons in front of Southwest Elementary and have fun!

If you are not up to a 5k Run/Walk, then grab a stroller and your little one. The Strollerthon registration fee is \$20.00. Don't forget to decorate your stroller and

display it with your child during a one-mile fun walk before the egg hunt. Spectators will be voting by placing \$1 or more in that stroller's jar for the best decorated stroller and there will be awesome prizes awarded to the top 3 strollers.

They have even added a new prize this year. Impartial judges will choose one stroller that really stands out and will be awarded the "Judges Choice". Each child registered in the Strollerthon will receive a free book!

The Parents as Teachers Egg Hunt will follow the Strollerthon and the Easter Bunny will be stopping by to check out everyone's strollers and visit with the children. What memories will you make at the PAT 5k Event?

The walkers and runners who are participating in this event will be completing a 3.1 mile "Tour of Dexter Schools". Remember this is not a race, but an opportunity to be active with children of all ages.

All registered 5k and Strollerthon participants will receive a t-shirt, swag bag, water and refreshments with their \$20 entry fee.

To get more information contact Willa Fees at 624-3095 or Melanie Stoelting at 614-1004.

To get a copy of the registration form, go to the Dexter Chamber of Commerce website, [www.dexterchamber.com](http://www.dexterchamber.com) or there are copies on the bookcase at Southwest Elementary School. Mail your form to PAT Strollerthon and 5k, c/o Melanie Stoelting, 915 W. Grant St., Dexter, Missouri 63841.

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## Dexter Rotary Spaghetti Day

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MARCH 03RD 2013 BY DEE LOFLIN

Dexter Rotary Spaghetti Day

*Written by  
Dee Loflin, SMT Manager/Writer*

**Dexter, Missouri** - The Dexter Rotary Club will have their Annual All You Can Eat Spaghetti Day this Tuesday, March 5th. This event will be held at the Sacred Heart Catholic Hall from 11 a.m. to 7 p.m.

Tickets are \$6.00 each or you can pay at the door. Carry Outs are available as well. Just call 820-6168 and they will have your order ready.

All proceeds go to fund Dexter Rotary Club projects and scholarships and to fund Girls State and Boys State participants.

There will also be homemade pies and cakes for dessert. Various drinks will be available as well.

You can't find a better meal than this for \$6.00 so enjoy an hour or so of visiting and good food!

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## Maggie Thorn Set to Release New CD March 1st

FEBRUARY 27TH 2013 BY DEE LOFLIN

Maggie Thorn Set to Release New CD March 1st

*Written by  
Dee Loflin, SMT Manager/Writer*

**Bloomfield, Missouri** - Maggie Thorn is coming home. She is set to release her new “Gravel Road” CD this Friday, March 1<sup>st</sup> at her EP Release Party Celebration.

The Boat House Wine Co. in Bloomfield, Missouri will be featuring Maggie from 6:00 p.m. until 10:00 p.m. There will be t-shirts, pictures and CDs available throughout the evening.

Maggie has a very busy schedule and it is wonderful when she can return home and visit and sing for the community.

She will be featured on the “David Bowers Awards’ Show” on March 10<sup>th</sup> and will be able to share her new CD with a greater audience.

Another CD Release Party Celebration is scheduled in Nashville, Tennessee at the Listening Room Café on March 19<sup>th</sup> from 9:30 to 10 p.m.

Later in the month of March she will return to Dexter and be a guest entertainer at the Gaige Willems Benefit. This event will be held at the Dexter Parks and Recreation Center on March 30th.

To follow Maggie Thorn and all her events, go to her special Facebook page called, Maggie Thorn's Music Page. You can catch up on the latest CDs, songs, and events.

If you want to get a quick peak at her Gravel Road CD, check out this YouTube video.  
<http://youtu.be/QPQLRnUadrM>

Welcome home Maggie, the community is so very proud of you and your accomplishments.

LAST UPDATED ON FEBRUARY 27TH 2013 BY DEE LOFLIN

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## Bernie STUCO Sponsors Blood Drive Today

FEBRUARY 25TH 2013 BY DEE LOFLIN

Written by  
Dee Loflin, SMT Manager/Writer

**Bernie, Missouri** - Severe winter weather across much of Missouri and parts of Illinois and eastern Kansas last week forced the cancellation of approximately 20 American Red Cross blood drives, resulting in a shortfall of more than 1,200 blood and platelet donations through the Red Cross Missouri-Illinois Blood Services Region.

Now that the storm has passed, eligible donors are encouraged to give lifesaving blood and platelets to help offset the current shortfall and ensure a stable supply.

**The Bernie High School Student Council (STUCO) is sponsoring a Red Cross Blood Drive today February 25th from noon until 6 p.m. in the Annex Gym. Everyone is invited to come out and donate today.**

“While inclement winter weather can hinder blood and platelet donations, patients’ needs for these lifesaving blood products is constant.” said Scott Caswell, CEO of the Missouri-Illinois Blood Services Region, which serves nearly 80 hospitals region wide. “Now that the severe weather has subsided, we encourage eligible donors to give and help ensure patients’ needs continue to be met.”

All blood types are needed, especially types O negative, A negative and B negative. Platelets are also in great need as they have a shelf life of just five days and must be replenished regularly.

### **How to donate blood**

Simply call 1-800-RED CROSS (1-800-733-2767) or visit [redcrossblood.org](http://redcrossblood.org) to make an appointment or for more information. All blood types are needed to ensure a reliable supply for patients. A blood donor card or driver’s license or two other forms of identification are required at check-in. Individuals who are 17 years of age (16 with parental consent in some states), weigh at least 110 pounds and are in generally good health may be eligible to donate blood. High school students and other donors 18 years of age and younger also have to meet certain height and weight requirements.

### **About the American Red Cross**

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org](http://redcross.org) or join our blog at <http://blog.redcross.org>.

LAST UPDATED ON FEBRUARY 25TH 2013 BY DEE LOFLIN

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## Dexter Masonic Lodge Breakfast a Success

FEBRUARY 23RD 2013 BY STAFF WRITER

[Dexter Masonic Lodge Breakfast a Success](#)

*Written by  
Dee Loflin, SMT Manager/Writer*

**Dexter, Missouri** - It was a very social and fun morning as the Dexter Masonic Lodge continued their long tradition of a country breakfast for area friends and neighbors. The meal was complete with sausage, bacon, eggs, biscuits and gravy, pancakes and a drink.

As a beautiful crisp Saturday morning unfolded, area residents were quick to take advantage of the convenient breakfast as fantastic way to get their day started. More than 260 meals were served during the morning either as a dine-in or carry-out order.

"We had a good crowd today," stated one lodge member who was serving. "We hold these events three times annually in February, June and either October or November. These are always a great community get together."

The Dexter Masonic Lodge #532 is a group that is very quiet about their philanthropies in the Dexter community. These three breakfasts throughout the year are the only fundraisers held by the group, but it enables them to offer aid to people in the area and provide scholarships to local high school students.

"Everyone seemed to enjoy our breakfast and all those who came said it was an excellent event and the food was top-notch!" stated Elmer Wilson. Elmer will celebrate sixty-one years as a member of the lodge this April.

</images/2012 Article Pics/Local/MS Breakfast Mid1.jpg>

"We had plenty of help today from our members," added Wilson. "We were really happy about that and got it all cleaned up rather quickly. Everything worked efficiently and got the crowd to their seats promptly."

It was easy to see the health of the organization with the members joining in to lend a hand with the event. Currently, the lodge has a steady membership of over 140 members in a time that organizations struggle to get new blood.

The Masonic Lodge has a rich history of membership from within the Dexter community. Ken Swearingen is currently the Worshipful Master and believes that honor and integrity are at the core of their belief system. Members are obligated to practice self control and treat the people around them with respect, regardless of their own personal opinion of that person.



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