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Dexter Family Eye Care Ribbon Cutting and Chamber Business After Hours Host

JANUARY 09TH 2013 BY DEE LOFLIN

Dexter Family Eye Care Ribbon Cutting and Chamber Business After Hours Host

*Written by
Dee Loflin, SMT Writer*

Dexter, Missouri – The Dexter Family Eye Care hosted this month's Chamber Business After Hours with delicious food, desserts and drinks. Dr. Howard and Dr. Mayberry also invited everyone to their Ribbon Cutting Celebration as they have moved to their new location on One Mile Road.

Dr. Jennifer Howard is originally from Tulsa, Oklahoma and attended the University of Tulsa where she earned her Bachelors of Biochemistry and Bachelors of Arts in Environmental Policy.

She then moved to St. Louis to attend the University of Missouri – St. Louis College of Optometry where she graduated in 2008. Following graduation she pursued her Masters of Public Health and earned that degree in 2010 from A.T. Still University.

Jennifer is devoted her family and the Dexter community. She has a son named Sam and husband, David who is owner of Heartland Crop Consults, LLC. She has also traveled abroad to Tanzania on two medical trips and hopes to continue her mission work.

Dr. Kathryn Mayberry is a native of Dexter, Missouri graduating high school in 2002. She attended Harding University and graduated in 2008 with a Doctorate of Optometry from the University of Missouri – St. Louis College of Optometry. She also completed her Masters of Business Administration in 2010 from Harding University.

Along with her sister-in-law, Dr. Jennifer Howard, she too completed a medical trip to Tanzania, Africa and hopes to continue her mission work. For those of you who are St. Louis Cardinal fans, so is Dr. Mayberry. You might want to strike up a conversation during your appointment!

/images/Bonnie Howard.jpg

If you are not familiar with the Dexter Family Eye Care, they offer comprehensive eye examinations, contact lenses, optical dispensing, laser vision correction, and surgery co-management. Both doctors also treat eye infections, eye injuries, and dry eyes as well as manage treatment for those who have cataracts, glaucoma and diabetes. If you have low vision or require vision therapy, Dr. Howard, Dr. Mayberry or their staff can provide additional products, services, and familiarize you with how to use specific equipment to help with your vision.

Need new glasses, contacts sports eyewear or even sunglasses; Dexter Family Eye Care has you covered. Their office offers an array of eyeglass lenses to meet anyone's individual vision requirements. As you enter the building you will see a wide range of frame styles for men, women and children. And for those of you who gave up wearing glasses and have contact lenses; they have the most comfortable options available including various colors to choose from!

Throughout 2013 when you buy one complete pair of lenses you get a second pair of lenses half off when you purchase a second frame. Buy an annual supply of contacts and get a free pair of single vision plastic lenses free and \$40 towards a pair of sunglasses. What a great promotion!

Dr. Howard is available by appointment on Monday, Tuesday, and Thursday from 8:30 – 5 pm.

Dr. Kathryn Mayberry is available by appointment on Wednesday from 8:30 – 5 pm and on Friday from 8:30 – noon.

Office hours are Monday – Thursday 8:30 – 5, Friday 8:30 – noon. They are conveniently open one Saturday each month, typically the first Saturday of the month from 8:30 – noon.

If you would like to contact Dexter Family Eye Care they have two locations. In Dexter you may call 573-614-5393 and for the Vision Source in Advance you may call 573-822-3456. They also have a website, www.visionsource-dexter.com and a Facebook page.

This month is also National Glaucoma Awareness Month. Follow this link for more information.

<http://coopervision.com/blog/national-glaucoma-awareness-month>

For more photos from the celebration and ribbon cutting please check out our ShowMe Times Facebook page.

[/images/Dexter Family Eye Care.jpg](#)

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You Are Invited to a Ham & Bean Dinner

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*Written by
Dee Loflin, SMT Writer*

Dexter, Missouri - Commander Darryl La Pierre from the American Legion Post #59 cordially invites you to a Ham & Bean Dinner on Friday, January 11, 2013 from 11 am - 6 pm.

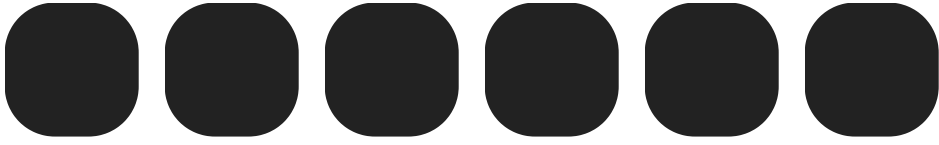
This delicious meal will be served at 620 W. Oak St. (across from the city park) in Dexter, Missouri. Cost for adults is \$6.00 each with children from the ages of 7 - 12 will only be \$2.00 each. Children six years old and younger are free. You may contact the American Legion for tickets or pay at the door.

This is an all-you-can-eat ham and bean dinner with corn bread, cole slaw, and dessert. Lemonade, tea or coffee will also be included with your meal.

The American Legion is comprised of those honorably discharged veterans and current personnel of the United States Army, Navy, Marine Corps, Coast Guard or Air Force who served at least one day of active duty. The American Legion runs annual civic training events for high school juniors called Boys State. Two member from each Boys State are selected for Boys Nation. The American Legion Auxiliary runs Girls State and Girls Nation. In addition, they feature numerous programs including American Legion Baseball, Scouting, Oratorical Contests, Junior Shooting Sports, Youth Alumni, Sons of The American Legion, The American Legion Riders, and Scholarships at every level of the organization.

This is a worthwhile event to participate in as the proceeds go to support The American Legion and they warmly welcome you to come sit and eat for a while and visit with friends and veterans.

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Theresa Elizabeth Newton - Visitation This Evening

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New Medical Director

JANUARY 04TH 2013 BY DEE LOFLIN

New Medical Director

*Written by
Dee Loflin, SMT Writer*

Dexter, Missouri - Michelle Hanner, Executive Director, of the Golden Living Center in Dexter, Missouri announced Dr. Fred Uthoff as their new Medical Director.

The Golden Living Center hosted a "Meet and Greet" for the new Director by serving wonderful hors d'oeuvres, cheeses and wine. They have a fine chef who prepares the menus and he did an excellent job being host for the event.

Dr. Uthoff , originally from Charleston, Missouri but has been practicing medicine in Sikeston for over 18 years. He is currently with Missouri Delta Physician Services and is board certified in Internal Medicine. He graduated in 1991 from the University of Health Sciences - College of Osteopathic Medicine, Kansas City, Missouri.

Mrs. Hanner stated, "We are so very excited to have him aboard. The quality of healthcare is extremely important and we feel Dr. Uthoff will be a great asset to The Golden Living Center."

The Golden Living Center is a beautiful long term care facility. It was originally built in 1962 as the hospital for Dexter and was also a fall-out shelter. In 1968 it was converted to

a long term care facility and now has a board of directors made up of physicians.

The Golden Living Center highly values integrity and accountability. They believe in sharing their passion for excellence and to be uncompromising in delivering quality care to their residents. It is truly a magnificent place.

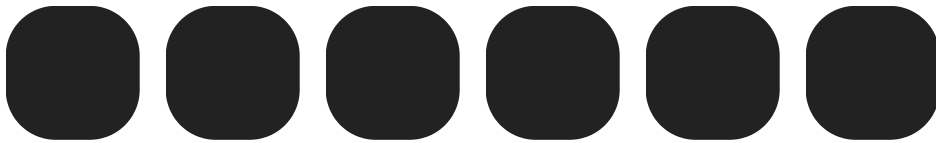
Dr. Uthoff said, "This will be a new and exciting challenge for me. I have worked with Michelle before and I know we will be good together." He will be focusing on the residents and their care; however he will also be on call, helping with administrative duties and will also consult on the safety of the residents and staff.

Dr. Uthoff is dedicated to providing patients the highest level of care and compassion.

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It's Girl Scout Cookie Time

JANUARY 04TH 2013 BY DEE LOFLIN

*Written by
Dee Loflin, SMT Writer*

Bloomfield, Missouri – It is that time of the year when Girls Scouts will be selling their delicious cookies door-to-door. The Girl Scout Cookie Program is the largest girl-led enterprise in the country and begins on Friday, January 4th – January 21st. These girls utilize five basic skills they have learned and will use throughout their life.

1. Set a goal,
2. Make decisions,
3. Manage money,
4. People skills,
5. Good business ethics.

Many of today's successful women leaders who were Girl Scouts growing up have given credit to their entrepreneurial experience from selling cookies. All the proceeds from the Cookie Program benefit girls by helping to provide them with low-cost, high-quality leadership programs and experiences.

For each box of Girl Scout cookies that a girl sells, about 25% of the cost goes to the bakery for production, transportation, and support costs. Of the remaining proceeds, 100% goes directly to benefit the girls. All proceeds stay within the council jurisdiction and do not go to the national Girl Scouts. Through earned recognitions or other aspects of the Girl Scout Leadership program including, but not limited to the following:

- Low-cost council program events
- Safe and well-maintained program centers for all girls to use
- Volunteer resources and support
- Recruitment efforts and resources

- Publications such as the camp guide and newsletters, provided at no charge to girls
- Council website and online resources
- Financial assistance

The top ten selling cookies sold in the United States are Girl Scout cookies and in 2012 the sales of Thin Mints surpassed Oreo sales. This made **Thin Mints** the #1 selling cookie in the country.

In addition to the highly popular Thin Mints, the Girls Scouts in this area will be selling the following cookies:

- **Thin Mints:** Round dark-chocolate mint-flavored cookies.
- **Peanut Butter Sandwich:** Two oatmeal cookies with a layer of peanut butter sandwiched in between
- **Shortbread:** Shortbread cookies shaped like the Girl Scout trefoil
- **Caramel deLites:** Caramel, coconut, and chocolate doughnut-shaped cookies
- **Peanut Butter Patties:** Round cookies with a layer of peanut butter that's covered in chocolate
- **Thanks-A-Lot:** Shortbread cookies with a layer of fudge on the bottom
- **Lemonades:** Shortbread cookies with lemon icing
- **Mango Crèmes (with NutriFusion®):** Vanilla and coconut cookies filled with tangy mango flavored crème enhanced with fruit-derived nutrients

Each year the Bloomfield Girl Scouts host a “Cookie Rally”. This year they met at the Bloomfield Elementary School. About 40 girls from 7 troops from kindergarten to high school sampled cookies, made crafts, sang songs about cookies and Girl Scouting and played BINGO. They also discussed safety rules when selling their cookies and how to fill out the form.



Please support your local Girl Scouts and purchase the wonderful cookies. They are available for \$4 per box. During the pre-order period from January 4th – January 21st, no money is collected until the cookies are delivered.

If you miss your chance during January, you will get another opportunity. Beginning February 9th, you will find Girl Scouts of all ages selling cookies at booths in front of local businesses. ShowMe Times will announce the locations and times when the information becomes available. You can also download the

Cookie Finder app for iPhone or Android to find the booth closest to you.

Hurry to get your order placed or buy these delicious cookies, as the Girl Scouts will end their cookie sales on March 10, 2013.

If you would like more information or would like to purchase Girl Scout Cookies, please contact Christy Slaughter at 573-421-5233. She is a very busy lady this time of year so just leave a message and she will return your call as soon as possible. She truly appreciates everyone's support.

If you have a Girl Scout troop in the area and wish to spotlight them, please send us a picture or email information to news@showmetimes.com.

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