

# Features



## Nelsons Take A Ride On The Katy!

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Lee Ann and Scott Nelson have been enjoying an adventure on one of the more famous biking and hiking trails in the ShowMe State.

The Nelsons have been biking on sections of the Katy Trail, the recreation trail in the right-of-way of the old Missouri-Kansas-Texas Railroad. The railroad used to cut through the central part of Missouri and is one of the longest Rails-to-Trails in the country.

Most of the trail follows the northern bank of the Missouri River, and runs through communities such as Defiance, Augusta, Boonville and Sedalia.

“This is the third trip we have made to ride the Katy Trail over the past three years. We always try to ride parts of the trail we haven’t ridden before,” said Scott. Since it is over 225 miles from St. Charles, MO to Clinton, Mo, there are many options to ride.

Recently the Nelsons took advantage of the beautiful autumn scenery and road another section of the trail.

“This time we started at Weldon Spring and rode through the towns of Defiance and Augusta, to a small place called Nona and back. Round trip was about 28 miles” he said.

This section of the trail is inundated by several small, quaint wineries as well as beautiful scenery of the Missouri River and river bottoms. Defiance, where the Nelsons began their recent journey, was home to Daniel Boone.

“The folks along the trail are friendly and helpful, offering stories of the history of the railroad on which the trail now sits. We ate lunch at a small restaurant in Augusta where there were many old, historic homes with great views of the land along the Missouri River,” he added.

Their next journey will most likely lead the Dexter pair west of Columbia, toward Boonville, Franklin (where the first newspaper west of St. Louis was founded) and on to Sedalia (home of the State Fair).

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### Links of Interest

- [Missouri State Parks – Katy Trail](#)

- [Bike Katy Trail](#)

## ShowMe Times Gallery

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