



[TOP](#)

Mules To Host Basketball Camp

JULY 07TH 2011 BY UNKNOWN

Mules To Host Basketball Camp

By Andrew Cato, ShowMe Times Sports Editor

***“Hard work and winning are contagious!”
- John Wooden***

Bernie High School will be hosting a basketball camp July 18 - 22 at the BHS gym.

The Mules’ camp is open to all athletes entering the third through eighth grades. Grades three through five are set to practice from 8:30 to 10:00 a.m., with the sixth through eighth graders taking the courts from 10:30 to noon.

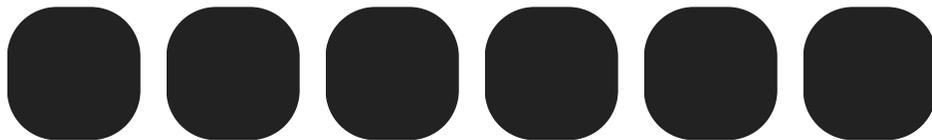
Participants are asked to wear clean tennis shoes, shorts, and t-shirts each day of camp, and parents are encouraged to come on the last day (July 22) of camp to watch their youngsters compete in the camp ‘finals’.

Registration is \$35, with all checks made payable to Bernie High School.

For more information, contact Brad Botch at (573) 293-5334, ext. 232, or at botschb@bernie.k12.mo.us, or Jason Long at (573) 293-5334, or at longj@bernie.k12.mo.us.

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[Go to post](#)



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[TOP](#)

Three Rivers Names Academic All-Americans

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[Three Rivers Names Academic All-Americans](#)

POPLAR BLUFF, MO – Two student athletes from Three Rivers College have been named Academic All-Americans by the National Junior College Athletic Association (NJCAA).

Baseball player Cody Holt of Deepwater, Mo., earned the Pinnacle Award for Academic Excellence with his 4.0 grade-point average.

Softball player Bethany LeGrand from Ellsinore, Mo., received the Exemplary Academic Achievement honors recognition for her 3.78 GPA.

Holt was a starting outfielder for the Raiders this spring, and is expected to play for Park University in Kansas City next year.

“Just budgeting two things like school and baseball is very demanding,” said Three Rivers head baseball coach Stacey Burkey. “It’s pretty unique for an athlete to go through two years of college with straight As, while also contributing to our baseball team like Cody did. It was just amazing.”

Head softball coach Jack Childress had similar words of praise for LeGrand, an East Carter high school graduate who helped the softball team reach its overall GPA of 3.37.

“She was always the first or second person to make it to practice,” said Childress. “She was looking to step up. At bat, she’d (either) get the hit or draw a walk; she was as good as anybody at getting a hitter’s count.”

According to Childress, LeGrand plans to attend either Southeast Missouri State or Arkansas State University this coming year.

“We are extremely proud of Cody and Bethany,” said Vice President for Student Success Jason Hosenev. “We value these Academic All-American achievements more than any award. These two are outstanding representatives of our athletic program and our college as a whole.”

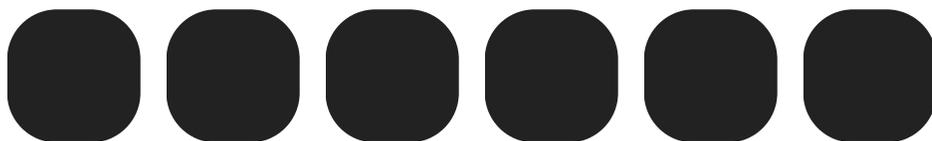
For more information on athletics teams at Three Rivers College, contact the office for Student Success at (573) 840-9669.

Photo and story provided by Megan Keathley of the Three Rivers News Service. Additional information about Raider athletics can be found at www.raidersathletics.com.

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[Go to post](#)



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[TOP](#)

Warren To Switch Schools, Sports

JULY 05TH 2011 BY UNKNOWN

Warren To Switch Schools, Sports

By Andrew Cato, ShowMe Times Sports Editor

At the conclusion of a high school athlete's career, the select few have the opportunity - and a rare one, at that - to continue playing their sport of choice at the collegiate level. Even rarer is making the decision between multiple sports in college. A DHS Alum had that opportunity, and is making a move that will put her closer to home.

Abbie Warren, a 2009 graduate of Dexter High School, is the daughter of Phil and Cindy Warren, and is transitioning from a collegiate volleyball career at Mineral Area College to playing basketball at Three Rivers College

Warren enjoyed success in two sports during her time at DHS: volleyball and basketball. In volleyball, the team finished second in districts three years in a row. She was selected to the All-District Second Team her sophomore and junior year, the All-Conference Second Team her junior year, the All-Region Second Team and SCAA All-Tournament Team her junior and senior year, and the All-Conference and All-District First Team her senior year.

Impressed? That was just one sport.

The Lady 'Cats finished fourth in the state, along with an undefeated record going into the Show-Me Showdown, during Warren's junior season. She was named to the All-Region Second Team and received the team's Rebound and Free-Throw awards during her junior season. Warren's senior year, the team finished second in districts, and she was named to

All-Conference, All-District, and All-Region First Team and the Twin Rivers Christmas Classic All-Tournament Team. She won the team's Free-Throw, Rebound, Defensive, and MVP Awards, was named DHS Female Athlete of the Year, and was the Standard Democrat Player of the Year.

Warren began playing basketball at a young

<images/Sports/Athlete Features/Abbie Warren/MAC Team.jpg>

age - her career essentially began once her family moved to Dexter from Bethalto, Ill. - and began playing competitively in elementary school.

"I started playing on a traveling team in fourth grade through sixth grade," Warren recalled. "We were coached by Kim Waldner. I decided to just stick with school ball in middle school and high school though."

Warren initially chose to take a volleyball scholarship to Mineral Area College in Park Hills, Mo., despite a full-ride offer from Three Rivers College and noting that basketball was always 'the favorite'.

"I picked volleyball over basketball my senior

<images/Sports/Athlete Features/Abbie Warren/MAC Logo.jpg>

year," Warren said. "I had a week to decide if I was going to take the full ride offer [to Three Rivers]. I thought I would get burnt out on basketball since I'd played it longer. I thought I'd have more fun with [volleyball] and I had more room to improve, but it turned out that I missed my true love of basketball."

"I've always liked the physicality of basketball more - the higher contact involved was more fun," Warren added. "They're both team sports, but with volleyball, if one person is down and one person isn't doing their job, the whole team gets down. I liked the teamwork aspect better, and all the trick plays, but basketball was definitely always the favorite for me."

After an outstanding freshman season at MAC - the Cardinals posted one of the most successful seasons in school history, including a 26-8 record and being consistently ranked in the top 20 of the NCJAA national polls - Warren decided that it was time to make a change.

"I enjoyed [my time at] MAC, but I missed basketball," Warren said. "I only wanted to play one sport; MAC wanted me to play both. That's why I chose to switch to Three Rivers, because I could just play basketball and not both."

Warren contacted Three Rivers to see if there was still a chance for her to play basketball there.

“I decided that I just wanted to play basketball, so I contacted Three Rivers to see if there was still room for me to play,” Warren said. “They said there was, and I accepted.”

A tenacious rebounder during her high school days, Warren noted her older brother, James Ford - a key contributor on the Bearcat’s 2004 trip to the State Tournament - as a key influence on her physical style of play.

“My brother was a huge influence for me as a basketball player. James is six years older than me, and he was always playing basketball out in the yard. He taught me everything - I didn’t like it sometimes,” Warren said, laughing, “but he was patient and always went over and over things I needed to learn and get better at. I went to all his games and watched his journey to state, and I grew up always wanting to be like him - he was a good influence for me.”

Warren will be the third member of the Lady Cats’ State Tournament team to go on to play at Three Rivers College - Jill Temples and Ashlee Taylor graduated from TRC in 2010 - and the fifth player to move on to play at the next level - Katelyn and Cathryn Heil are currently playing at Missouri S&T.

Three Rivers College has already signed three other young ladies to fill an inside role, with Warren being the most recent addition to the roster. She aims to land a starting spot this winter, and to hopefully help lead the Lady Raiders to a national title.

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<https://showmetimes.com/Blogpost/uj5u/Warren-To-Switch-Schools-Sports>

[Go to post](#)



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[TOP](#)

Kids Season At Complex Comes To Close

JULY 01ST 2011 BY UNKNOWN

Kids Season At Complex Comes To Close

The last night of the Dexter Park & Recreation Department's youth leagues season went like all the other evenings: full of fun, lots of kids, even more parents, family and friends in the stands, and ... dry weather!

Thursday evening was the end of the regular league season for youngsters at the Dexter Sports Complex. And it was a season with no "rain outs" and no make-up games.

While one Thursday evening set of games had to be moved to Friday night, it was not because of weather factors. That evening was really a "lights out" situation due to a technical problem with the complex lights.

As a result of no rain-cancelled games, this is one of the first seasons in youth league veterans' memories of no make-up games.

Action was fast on all the fields at the complex Thursday night, and many players were looking forward to that end-of-season party!

Congratulations to all the players, and special recognition for all the umpires, officials, and workers at the Complex! It was a great season!

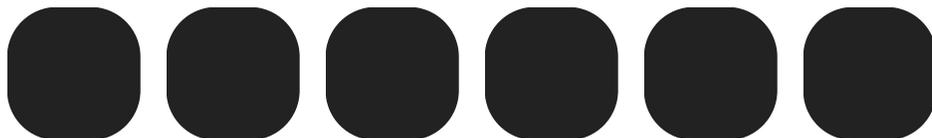
The ShowMe Times staff enjoyed attending the youth league games this season. Several photo galleries of photos from the season are posted on the SMT website. Just click on the

PHOTOS menu to see all of SMT's photo galleries!

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[Go to post](#)



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Young Golfers Head To The Links

JUNE 30TH 2011 BY NEWS

[Young Golfers Head To The Links](#)

Every Friday morning a gang of young people travel a few miles west of Dexter – armed with clubs and ready for action.

No, it's not a biker gang or an angry mob! Instead, it is a group of young people attempting to learn how to play golf.

The Hidden Trails Junior Golf program began early in June with a three-day camp, sponsored by the Bank of Advance, featuring instruction by Hidden Trails PGA Pro John

Barge. The young golfers learned the fundamentals of golf – how to handle the clubs and swing, golf rules and etiquette, proper putting techniques and more. More than 50 young people participated in the summer program that will run through the end of July.

The Junior Golf Program is one of this small town's hidden treasures that tends to go unnoticed by many in the community.

As the PGA Pro at Hidden Trails Country Club, passion and love of the game are the only words to describe the dedication that John Barge has given to the Junior Golf Program the past three years. John's a forward thinker who realizes that what you teach and build today can return great rewards for both individuals and the community.

Megan Stuever, Dax Demaree, and Chance Holden assisted Barge in teaching the classes.

Barge said the biggest need for the program during the next month is for some parents of young golfers to step forward and assist.

“We just want to have more parents involved,” Barge said. More than 50 kids on the golf course is a handful for just a few adults to handle. “We need adults to be out on the course with the golfers,” Barge added, “to help keep them safe, count strokes. It's not daycare, but helping with the program.”

After learning the basics of the game, the program now offers the youngsters an opportunity to put those lessons to work. Each Friday morning the young golfers participate in Junior Golf at Hidden Trails.

The young golfers are divided into three groups based on age and skill level. The golfers in the oldest group – age 11 and older – play nine holes of golf. This group, Barge said, is in many ways being groomed to be a part of the DHS golf team when they reach high school.

“This is where Bearcat championship teams start,” Barge said. Barge has experience in preparing and advising high school players. He worked with a high school championship team in Illinois, and had an early hand in the development of the championship DHS players that went on to participate in state play – the Christian brothers, Gill, Williams and Jackson.

“This is the first year Bank of Advance has sponsored the Hidden Trails Junior Golf Program,” Stuever, who works at Bank of Advance said. “The Bank gave each young

golfer a special t-shirt, tees and balls for their summer experience.”

Barge encourages youngsters to be tenacious and continue to work at playing and improving their golf game.

“You may go to college if you play enough,” he said. “At the very least you get a game you can play for a lifetime.”

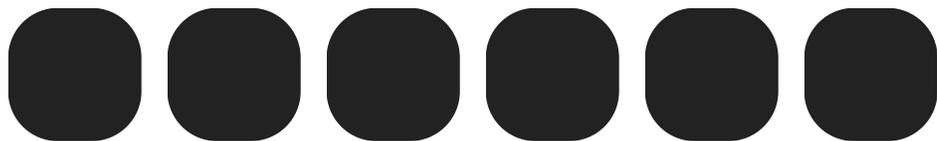
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