

# ShowMe Weather

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## Heat Advisory in Effect until 8 p.m. Tuesday, July 16, 2024

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JULY 14TH 2024 BY DEE LOFLIN

## Heat Advisory in Effect until 8 p.m. Tuesday, July 16, 2024

The National Weather Service in Paducah, Kentucky has extended the Heat Advisory until 8 p.m. Tuesday evening for Stoddard County.

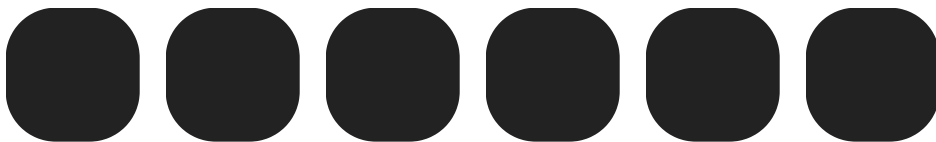
### Description

...HEAT ADVISORY NOW IN EFFECT UNTIL 8 PM CDT /9 PM EDT/ TUESDAY... WHAT...Heat index values of 105 to 110 degrees expected. WHERE...Portions of southern Illinois, southwest Indiana, western Kentucky, and southeast Missouri. WHEN...Until 8 PM CDT /9 PM EDT/ Tuesday. IMPACTS...Hot temperatures and high humidity may cause heat illnesses. PRECAUTIONARY/PREPAREDNESS ACTIONS... Drink plenty of fluids, stay in an air-conditioned room, stay out of the sun, and check up on relatives and neighbors. Take extra precautions when outside. Wear lightweight and loose fitting clothing. Try to limit strenuous activities to early morning or evening. Take action when you see symptoms of heat exhaustion and heat stroke. To reduce risk during outdoor work, the Occupational Safety and Health Administration recommends scheduling frequent rest breaks in shaded or air conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location. Heat stroke is an emergency! Call 9 1 1.

LAST UPDATED ON JULY 14TH 2024 BY DEE LOFLIN

<https://showmetimes.com/Blogpost/vjpi/Heat-Advisory-in-Effect-until-8-pm-Tuesday-July-16-2024>

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