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## Heat Advisory for Stoddard County Until 8 p.m. Thursday

AUGUST 09TH 2021 BY DEE LOFLIN

### Heat Advisory for Stoddard County Until 8 p.m. Thursday

Stoddard County, MO - The National Weather Service in Paducah, KY has issued a HEAT ADVISORY for Stoddard County, Missouri.

...HEAT ADVISORY IN EFFECT FROM 11 AM TO 8 PM CDT MONDAY...

WHAT...Peak Afternoon Heat index around 105.

WHERE...Southeast Missouri and adjacent locations in southwest Illinois and southwest Kentucky.

WHEN...From 11 AM to 8 PM CDT Monday.

IMPACTS...Hot temperatures and high humidity may cause heat illnesses.

ADDITIONAL DETAILS...Scattered thunderstorms may provide temporary relief from the heat should you encounter one.

PRECAUTIONARY/PREPAREDNESS ACTIONS...

A Heat Advisory means that a period of hot temperatures is expected. The combination of hot temperatures and high humidity will combine to create a situation in which heat illnesses are possible. Drink plenty of fluids...stay in an air-conditioned room...stay out of the sun...and check up on relatives and neighbors.

Take extra precautions...if you work or spend time outside. When possible...reschedule strenuous activities to early morning or evening. Know the signs and symptoms of heat exhaustion and heat stroke. Wear light weight and loose fitting clothing when possible and drink plenty of water.

To reduce risk during outdoor work...the occupational safety and health administration recommends scheduling frequent rest breaks in shaded or air conditioned environments. Anyone overcome by heat should be moved to a cool and shaded location. Heat stroke is an emergency...call 9 1 1.

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