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## Heat Advisory Issued for Stoddard County, Missouri

AUGUST 11TH 2019 BY DEE LOFLIN

### Heat Advisory Issued for Stoddard County, Missouri

Stoddard County, Missouri - The National Weather Service has issued a Heat Advisory for Stoddard County, Missouri.

HEAT ADVISORY FROM 11AM CDT MON UNTIL 8PM CDT MON

...HEAT ADVISORY IN EFFECT FROM 11 AM TO 8 PM CDT MONDAY

... THE NATIONAL WEATHER SERVICE IN PADUCAH HAS ISSUED A HEAT ADVISORY, WHICH IS IN EFFECT FROM 11 AM TO 8 PM CDT MONDAY.

\* TEMPERATURE...EXPECT HEAT INDEX VALUES TO REACH 105 DEGREES AND PEAK NEAR 110 DEGREES ON MONDAY AFTERNOON INTO THE EARLY EVENING HOURS. \* IMPACTS

...THE COMBINATION OF HOT TEMPERATURES AND HIGH HUMIDITY VALUES WILL LEAD TO AN INCREASED RISK OF HEAT RELATED STRESS AND ILLNESS. THE VERY YOUNG, THE ELDERLY, THOSE WITHOUT AIR- CONDITIONING AND THOSE PARTICIPATING IN STRENUOUS OUTDOOR ACTIVITIES WILL BE THE MOST SUSCEPTIBLE. CAR INTERIORS WILL ALSO REACH LETHAL TEMPERATURES IN A MATTER OF MINUTES. PRECAUTIONARY/PREPAREDNESS ACTIONS

... DRINK PLENTY OF FLUIDS...STAY IN AN AIR-CONDITIONED ROOM

...STAY OUT OF THE SUN

...AND CHECK UP ON RELATIVES AND NEIGHBORS.

TAKE EXTRA PRECAUTIONS

...IF YOU WORK OR SPEND TIME OUTSIDE. WHEN POSSIBLE

...RESCHEDULE STRENUOUS ACTIVITIES TO EARLY MORNING OR EVENING. KNOW THE SIGNS AND SYMPTOMS OF HEAT EXHAUSTION AND HEAT STROKE. WEAR LIGHT WEIGHT AND LOOSE FITTING CLOTHING WHEN POSSIBLE.

HEAT STROKE IS AN EMERGENCY...CALL 9 1 1

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