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Stoddard County 4-H Club will Host a Spa SPIN Club

JANUARY 28TH 2019 BY DEE LOFLIN

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Dexter, Missouri - The Stoddard County 4-H club will host a Spa SPIN Club for ages 8 and up. Eager participants will learn how to create an at-home spa!

The sessions are two hours long from 6 p.m. - 8 p.m. You may choose three to attend.

Sessions will be held at Janet's Salon located at 215 N Locust Street in Dexter.

Session 1: Body Butter & Tennis Ball Massage

Session 2: Bath Salts & Zen Garden

Session 3: Lip Balm & Cuticle Cream

Session 4: Brown Sugar Foot Scrub & Citrus Salt Body Scrub

Session 5: Homemade Candles & Happy List

Session 6: Homemade Soap & Yoga

Call Stoddard County Extension for more information: 573-568-3344

Cost is \$10 for 4-H members and \$20 for non-4-H members.

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Spa-SPIN-Club

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