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## Kids in the Kitchen Offered by 4-H and FNEP

JUNE 25TH 2018 BY DEE LOFLIN

### Kids in the Kitchen Offered by 4-H and FNEP

Stoddard County University of Missouri Extension is providing day classes for youth ages 9-13 to spend the summer learning and having a blast!

This Special Interest (SPIN) Class July 10- July 26 will introduce young people to eat healthier meals and snacks as a result of hands-on cooking experiences. Youth participants learn to prepare simple, healthy foods they can make for themselves and their family members.

Classes are from 9:00 am– 11:30 am on July 10, 11, 12, 24, 25, & 26 at the Sacred Heart Catholic Church in Dexter. Cost is \$20 or \$10 for current 4-H members and supplies are included.

To register contact University of Missouri Extension at the Courthouse in Bloomfield or call 573-568-3344 or email [milnersn@missouri.edu](mailto:milnersn@missouri.edu)

You do not have to be a 4-H member to come! Enrollment is limited so don't wait to register!

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