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Diabetes: Time to Move Into Action

FEBRUARY 07TH 2018 BY DEE LOFLIN

Diabetes: Time to Move Into Action

Dexter, Missouri - Dr. Dodson Cravens, will provide a program open to anyone interested in learning about Diabetes, Nutrition, Weight Loss, and Exercise!

Cravens is the Director of Clinical Pharmacy Services and Director of Diabetes Education Team at Poplar Bluff Regional Medical Center. The event is sponsored by Regional Healthcare Foundation in Dexter.

There will be an emphasis on Diabetes, but valuable information on weight loss and improving general health will also be provided.

The event is free and will be at 6 p.m. on Thursday, February 8, 2018 at the Regional Healthcare Foundation at Cox Corner located at 527 N. Walnut Street in Dexter.

Four \$25 Walmart gift cards will be given away as door prizes.

If Dexter XI Schools are out for inclement weather, this program will be canceled or rescheduled.

Please join Dr. Cravens and learn about diabetes, nutrition, weight loss, and exercise!

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