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Fernando Arzola, MD Joins Staff at SoutheastHEALTH

JANUARY 06TH 2017 BY DEE LOFLIN

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Dexter, Missouri - Fernando A. Arzola, MD, Cardiology, has joined the Medical Staff at Southeast Hospital. He is affiliated with Cardiovascular Consultants and will be permanently based at its Dexter clinic. Dr. Arzola comes to SoutheastHEALTH from Van Buren, Arkansas, where he practiced with Crawford Cardiology.

He holds a Bachelor of Arts from the University of Puerto Rico, Mayaguez, Puerto Rico.

Dr. Arzola earned his MD degree from Central University of the Caribbean, Cavey, Puerto Rico.

He completed an internship in Internal Medicine at St. Elizabeth Hospital Medical Center in Youngstown, Ohio, and completed an Internal Medicine residency and a fellowship in Cardiology at University District Hospital, Puerto Rico Medical Center, San Juan.

Dr. Arzola served with the U.S. Army Reserve, attaining the rank of major, before retiring in 1997.

He commented that practicing in mid-sized to smaller communities is appealing “because they are similar to the communities I grew up in as a child. It’s wonderful to get to know your patients inside and outside your practice. They become your friends and neighbors and there is a true sense of community.”

Preventive medicine is important, he adds. “I am a strong believer in prevention, making every effort to prevent damage in the first place. I don’t want patients to wait for heart attacks to occur. I want to help them try to prevent it from ever occurring. Why does the farmer do preventive maintenance on his farming equipment? To reduce the number of equipment failures during harvest. My patients’ hearts and bodies are more important than equipment and I am committed to bringing a focus on the preventive approach to disease in our community.”

He is pleased to be in Dexter, noting, “My wife and I feel blessed to be able to serve the people of Stoddard County and the surrounding region, bringing Cardiology services closer to home.”

Dr. Arzola’s professional memberships include the American Society of Echocardiography, the Military Office Association of America and the Reserve Officer Association.

SoutheastHEALTH of Stoddard County will still have their Cardiologists that visit from Cape each week, but have expanded their offering to meet the needs of the community by having a cardiologist available every day.

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