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Heat Advisory Issued for Stoddard County

AUGUST 09TH 2015 BY DEE LOFLIN

Heat Advisory Issued for Stoddard County

Stoddard County, Missouri - The National Weather Service has issued a Heat Advisory for Stoddard County, Missouri.

- ... HEAT ADVISORY IN EFFECT FROM 1 PM THIS AFTERNOON TO 8 PM CDT THIS EVENING...
- THE NATIONAL WEATHER SERVICE IN PADUCAH HAS ISSUED A HEAT ADVISORY... WHICH IS IN EFFECT FROM 1 PM THIS AFTERNOON TO 8 PM CDT THIS EVENING.
- * HEAT INDEX VALUES WILL RANGE FROM 105 TO 109 IN AREAS TO THE WEST OF A LINE FROM GREENVILLE MISSOURI TO HICKMAN KENTUCKY THIS AFTERNOON.
- * A HEAT INDEX OF 105 IS GENERALLY CONSIDERED THE THRESHOLD WHERE THE BODY BEGINS TO SUCCUMB TO THE EFFECTS OF THE HEAT... MAKING HEAT EXHAUSTION AND HEAT STROKE A GREATER CONCERN IF PRECAUTIONS ARE NOT TAKEN.
- PRECAUTIONARY/PREPAREDNESS ACTIONS...

- A HEAT ADVISORY MEANS THAT A PERIOD OF HOT TEMPERATURES IS EXPECTED. THE COMBINATION OF HOT TEMPERATURES AND HIGH HUMIDITY WILL CREATE A SITUATION IN WHICH HEAT ILLNESSES ARE POSSIBLE. DRINK PLENTY OF FLUIDS... STAY IN AN AIR-CONDITIONED ROOM... STAY OUT OF THE SUN... AND CHECK UP ON RELATIVES AND NEIGHBORS.
- TAKE EXTRA PRECAUTIONS IF YOU WORK OR SPEND TIME OUTSIDE. WHEN POSSIBLE... RESCHEDULE STRENUOUS ACTIVITIES TO EARLY MORNING OR EVENING. KNOW THE SIGNS AND SYMPTOMS OF HEAT EXHAUSTION AND HEAT STROKE. WEAR LIGHT WEIGHT AND LOOSE FITTING CLOTHING WHEN POSSIBLE AND DRINK PLENTY OF WATER.
- TO REDUCE RISK DURING OUTDOOR WORK... THE OCCUPATIONAL SAFETY AND HEALTH ADMINISTRATION RECOMMENDS SCHEDULING FREQUENT REST BREAKS IN SHADED OR AIR CONDITIONED ENVIRONMENTS. ANYONE OVERCOME BY HEAT SHOULD BE MOVED TO A COOL AND SHADED LOCATION. HEAT STROKE IS AN EMERGENCY... CALL 9 1 1.

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