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## Heat Advisory Issued for Stoddard County

JULY 18TH 2015 BY DEE LOFLIN

Heat Advisory Issued for Stoddard County

**Stoddard County, Missouri -** The National Weather Service has issued a Heat Advisory for Stoddard County, Missouri and surrounding areas.

- ... HEAT ADVISORY REMAINS IN EFFECT FROM 1 PM THIS AFTERNOON TO 8 PM CDT SUNDAY...
- \* AFTERNOON TEMPERATURES IN THE MID 90S COMBINED WITH OPPRESSIVE HUMIDITY WILL PRODUCE HEAT INDEX VALUES IN THE 105 TO 110 DEGREE RANGE BOTH TODAY AND SUNDAY. THE HIGHEST READINGS WILL OCCUR DURING THE MID TO LATE AFTERNOON HOURS... HOWEVER UNCOMFORTABLE CONDITIONS WILL CONTINUE INTO THE EVENING HOURS BOTH DAYS.
- \* A HEAT INDEX OF 105 IS GENERALLY CONSIDERED THE THRESHOLD WHERE THE BODY BEGINS TO SUCCUMB TO THE EFFECTS OF THE HEAT... MAKING HEAT EXHAUSTION AND HEAT STROKE A GREATER CONCERN IF PRECAUTIONS ARE NOT TAKEN.
- PRECAUTIONARY/PREPAREDNESS ACTIONS...

• TAKE EXTRA PRECAUTIONS IF YOU WORK OR SPEND TIME OUTSIDE. WHEN POSSIBLE... RESCHEDULE STRENUOUS ACTIVITIES TO EARLY MORNING OR EVENING. KNOW THE SIGNS AND SYMPTOMS OF HEAT EXHAUSTION AND HEAT STROKE. WEAR LIGHT WEIGHT AND LOOSE FITTING CLOTHING WHEN POSSIBLE AND DRINK PLENTY OF WATER.

LAST UPDATED ON JULY 18TH 2015 BY DEE LOFLIN

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