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Liberty Hill Hosts Relay for Life 5K

OCTOBER 15TH 2013 BY BETH FARRAH

Liberty Hill Hosts Relay for Life 5K

Written by

Beth Farrah, SMT Writer

Dexter, Missouri – Liberty Hill General Baptist Church will be holding their fourth annual Relay For Life 5K run on Saturday, November 23th, 2013 at 9:00am. Just like the previous years, it will be held at West City Park in Dexter. This event is not only for runners, but walkers as well.

Liberty Hill focuses on raising money for Relay for Life all year long. It is an incredible effort that they put forth and in 2011, they raised nearly \$20,000 and in 2012 they raised \$25,000. They have spent many years working and perfecting fundraisers so they are able to contribute to Stoddard County's very own Relay for Life. They participate in a wide variety of events and fundraisers throughout the year, but the upcoming 5K is one of their larger events that they encourage local people to participate in. The 5K isn't only to raise money, but it is for the runners/walkers to represent and honor a loved one who fought or is fighting cancer.

The coordinators for this event are up and ready to get this show on the road with pre-registration. Pre-registration for this event costs \$20 and this includes the 5K, a t-shirt, and a light breakfast following registration. Late registration or Racing Day registration is only \$25 but if you wait to register on race day, your preferred t-shirt size is not guaranteed. If you do not want to participate in the walk or run but you would like to purchase a t-shirt to support this event, you can order a t-shirt for \$15. All runners or walkers that participate in pre-registration are guaranteed a t-shirt.

Sponsorships for local businesses are also available for purchase and their company name will be placed on the back of the t-shirts that are being sold. One business logo will be sold at the cost of \$100 and the companies that choose to participate will each receive two free t-shirts.

Times will be given out to the walkers and runners at the end of the 5K but no awards will be given out because this is not meant to be a competitive event. The main goal of Liberty Hill's 5K is to honor those who have been diagnosed with a type of cancer, remember those who have lost the fight to cancer, and raise money to help the awareness campaign for the 2014 Stoddard County Relay for Life Team.

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Cub Scout Trivia Night

OCTOBER 15TH 2013 BY DEE LOFLIN

Cub Scout Trivia Night



Submitted by Jill Temples

SMT Writer

Dexter, Missouri- The local Cub Scout will be hold Trivia Night for summer camps on **October 18th** at the Sacred Heart Parish Hall.

Trivia will start at 7:00 p.m. the doors will open at 6:30 p.m.

The cost is \$10.00 per person. The cost includes soda, lemonade, tea, coffee, and light snacks. Feel free to bring any other snacks or drinks for your table!

Up to 8 participants will be allowed per table

Attendance prizes will be awarded as well as cash prizes for the top three teams!

Gather a group of friends and join us for a night of fun and trivia for a worthy cause!

Call Brian Lutmer at 624-0866 or send email to lutmermo@newwavecomm.net to reserve your table.

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The Great Central U.S. ShakeOut

OCTOBER 15TH 2013 BY DEE LOFLIN

The Great Central U.S. ShakeOut

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Submitted by Jill Temples

SMT Writer

Jefferson City, Missouri - There is still time to join the more than 370,000 Missourians registered to participate in the Great Central U.S. ShakeOut earthquake preparedness drill on October 17th at 10:17 a.m. More than 2.3 million people will participate nationwide in October!

The drill teaches the "Drop, Cover and Hold On" protective actions to take in the event of an earthquake. The states of Alabama, Arkansas, Illinois, Indiana,

Kentucky, Mississippi, Ohio, Oklahoma and Tennessee are also participating in the Great Central U.S. ShakeOut. These states will be among more than 30 U.S. states and territories conducting earthquake drills on the same day.

During the ShakeOut, residents should practice the “Drop, Cover and Hold On” technique for 60 seconds:

DROP to the ground

Take **COVER** by getting under a sturdy desk or table, and

HOLD ON to it until the shaking stops

The “Drop, Cover and Hold On” technique is considered the best way to protect yourself in an earthquake. You can register for the earthquake drill at www.shakeout.org/centralus/. October 17 is the anniversary of the 1989 Loma Prieta earthquake in California, which killed 62 people and damaged thousands of buildings.

Why should you participate?

We all must get better prepared for major earthquakes, and practice how to protect ourselves when they happen. The purpose of the ShakeOut is to help people and organizations do both. You could be anywhere when an earthquake strikes: at home, at work, at school or even on vacation.

Because many Missourians live within the New Madrid Seismic Zone—one of the most active seismic zones in the country—each February Missouri observes Earthquake Awareness Month. On Feb. 7, 1812, Missouri was rocked by one of the largest earthquakes ever to hit the continental United States. Centered in New Madrid in southeast Missouri, the earthquake altered the flow of the Mississippi River, turned rich farmland into fields of sand and destroyed countless structures. People on the East Coast of the United States felt shaking and church bells reportedly rang as far away as South Carolina.

The risk of another large earthquake continues, and today the New Madrid Seismic Zone includes many population centers. Preparing and planning to respond to a major quake are essential!

How do you sign up?

For additional information about the ShakeOut drills and materials, visit <http://www.shakeout.org/centralus/>

Show-Me ShakeOut Poster Contest

Third, fourth and fifth grade students across Missouri can also start working on their entries for the fourth annual "Show-Me ShakeOut" poster contest. Students are encouraged to create a classroom poster promoting the ShakeOut and earthquake safety. This contest is sponsored by the State Emergency Management Agency and the Missouri Seismic Safety Commission.

The statewide contest winners will receive \$50 gift cards and emergency preparedness kits courtesy of ABNA Engineering, Inc. of St. Louis, Central Electric Power Cooperative of Jefferson City, the University of Missouri-Columbia's Department of Geological Sciences, and the Southeast Missouri Chapter of the American Red Cross. Winning posters will be displayed on SEMA's website and featured at earthquake awareness events during 2014.

Contest Guidelines:

- Each school will select one winning poster for each of the three grade levels.
- Posters may be scanned or digitally photographed and submitted electronically in JPEG, GIF, PDF or PNG format. Schools should retain the original poster if a submission is made electronically.
- All submissions must include the name of the school, name and age of the student, name of school principal, and name of classroom teacher.
- All posters must be submitted to SEMA by Jan. 16, 2014 to be eligible.

The school principal or lead teacher must submit or mail poster entries to:

Steve Besemer

State Emergency Management Agency

P. O. Box 116, 2302 Militia Drive

Jefferson City, MO 65102

E-Mail: steve.besemer@sema.dps.mo.gov

-Winners from each statewide grade level will be notified by Feb. 4, 2014.

-Winning results will be posted on the SEMA Web site (sema.dps.mo.gov) and announced in press releases.

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Jaycees to Host Halloween Party and Costume Parade

OCTOBER 10TH 2013 BY DEE LOFLIN

Jaycees to Host Halloween Party and Costume Parade

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*Written by
Dee Loflin, SMT Manager/Editor*

Dexter, Missouri – The Crowley Ridge Jaycees will be hosting a Halloween Party and Parade on Saturday, October 19, 2013. There will be games, prizes, costume contest and tons of fun!

If you have a child or grandchild from the age of birth to 10 years come show off that awesome Halloween costume! The children will be divided into categories and judged on their costume presentation.

Then there will be a costume parade for all to see and enjoy. It's only \$3.00 per child or \$5.00 for two children.

The Halloween Party and Costume Parade event will be held at the First General Baptist Church Activity Building on the corner of Castor and Locust St. from 2:00 p.m. – 4:00 p.m.

For more information please contact Kelly Medley at 573-717-9221.
SoutheastHealth sponsors the Crowley Ridge Jaycees.

LAST UPDATED ON OCTOBER 10TH 2013 BY DEE LOFLIN

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Entertainment at Lake Wappapello Outdoor Theatre

OCTOBER 10TH 2013 BY DEE LOFLIN

Entertainment at Lake Wappapello Outdoor Theatre

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Written by

Dee Loflin, SMT Manager/Editor

Wappapello, Missouri - Two bands, two great nights of entertainment! On Friday night, October 11th music fans can expect Blue Grace to perform Bluegrass and Gospel Music. This popular band has performed in the area at many local events. Their style of music is a favorite of many in the area.

On Saturday night, another great local band is the Alex Beaird Band. They are a blues-rock outfit out of Southeast Missouri. A sense of rhythm, minimalist

song structure, and vintage guitar tone characterize the sound conveyed on their first release "Shine On." Alex Beaird is the singer, songwriter, and lead guitarist for the band, and has worked the Southeast Missouri music scene for three years fronting the rock band Bull Mountain Revelry. The new project is a bluesier, more soulful approach to rock 'n roll, with influences of folk, jazz, country, and Americana. Tyler Pullum will join Alex on twin acoustic guitars.

The Lake Wappapello Outdoor Theatre is adjacent to the Crabb & Co. Restaurant and is located on T highway, 2 miles south of the dam in Wappapello.

Admission is FREE for all performances at the community theatre, however donations to the bands are appreciated.

In case of rain the show will be held in the Music Barn adjacent to the Outdoor Theatre. Bring your lawn chair and come out for a night of great entertainment. For the comfort of all guests we ask to keep the event smoke and pet free. No coolers allowed.

For additional information about the theatre or the performance schedule, contact Jason Crabb at 573-222-7401. Music begins at 6:30 p.m. Enjoy the entertainment!

LAST UPDATED ON OCTOBER 10TH 2013 BY DEE LOFLIN

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