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# October is National Breast Cancer Awareness Month

OCTOBER 02ND 2023 BY DEE LOFLIN

October is National Breast Cancer Awareness Month

## Know Your Risks

Regular mammograms help find cancer in its early stages, when it's usually easier to treat. In fact, when breast cancer is detected before it spreads, the average 5-year survival rate is 99%. Women aged 45 or older should get regular mammograms, according to the American Cancer Society. Women with a high risk of breast cancer should start screening earlier.

At the new Southeast Women’s Integrated Health and Southeast Breast Health, located at 650 South Mount Auburn Road in Cape, women of all ages receive excellent care. Many essential women’s services come together in warm and welcoming surroundings. Personal relationships matter to us—so we'll get to know you as a

person, not just a medical file.

Every woman has some risk for developing breast cancer. Separating the myths from the facts can help you stay smart about the disease.

LAST UPDATED ON OCTOBER 02ND 2023 BY DEE LOFLIN

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