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Strong Showing at 7 on 7 Scrimmage and Lineman Challenge

JULY 06TH 2016 BY DEE LOFLIN

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Dexter, Missouri - The Bearcats are working hard this summer to bring you the best season possible under new head football coach Kevin Goltra. With just 45 days remaining until kick-off the Dexter high school football team has made a lot of changes, added new players, stepped their weight lifting program up to the next level, and even had additional practices and camps.

On Saturday, June 25th Goltra held his first 7 on 7 Scrimmage and Lineman Challenge at Charles Bland Stadium with the Hayti Indians and the Kelly Eagles. Several Bearcat fans lined the track to watch their favorite football player give his all on the field.

"Overall I was extremely pleased and It went better than I expected except for the last 10 plays against Hayti," stated Goltra. "It seems to be a common theme right now during our SEMO Camp the last 30 minutes of outside practice our guys let up. We actually had to go inside and do it over again. Same situation during the 7 on 7; last 10 plays we just didn't play very well and we weren't focused at all."

"Offensively I sure did not expect to complete the passes we completed and even score," continued Goltra. "Defensively we have really improved getting to the flats and covering the seams. We stressed that at the SEMO Camp and haven't had a lot of practice time, but we have improved greatly in just the past week."

The Dexter Bearcats placed second in the Lineman Challenge to the Hayti Indians. They were only behind by one second.

"We came in 2nd in the Lineman Challenge and we really wanted to win that thing," stated Goltra. "We killed it in the Bench Press, were undefeated in the Tug-A-War and that's what we practiced and preached. We got behind in the Obstacle Course and lost by one point. We keep telling them to give it their all to the last second and that could make a difference in a game"

The Bearcats will continue the next two weeks with weight lifting and a week of practice before traveling to Buffalo, Missouri for a full contact camp the last week of July. That will be their real test of the summer.

"We will be able to run the ball and do our play action," Goltra said of the Buffalo Camp. "It will be invitational only for the varsity and we may take a few freshman based on position need, but overall it will be invitational only."

After the a work-out on the field the football players were treated to pizza and Gatorade before heading home.

The Dexter Bearcats will host a Football Jamboree on August 12th, travel to Ste. Genevieve on August 19th for their first game of the season and their home opener will be on August 26th against the Poplar Bluff Mules.

"Overall I am pleased at where we are and we will fix the problems of letting down at the end. We have a great group of kids and we will get there. They are hard workers and very coachable."

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